

NEW TO
AMERICA!

Doctor's JOURNAL of *Pain Relief*

Special Edition

Shocking
Illustrations
Inside!

Announcing a new medical discovery from Europe
that delivers what no other painkiller can...

~~The~~ New Secret That Helps End Your Most Stubborn Pain FAST!

- ✓ No more “managing” your pain.
- ✓ No more masking your pain.
- ✓ No more dangerous side effects.
- ✓ No more waiting weeks for relief.
- ✓ No more living with pain.



Leading natural doctor says, “The potential for genuine and complete pain relief is huge—and could help millions of pain sufferers in the U.S.”



Dennis Clark, PhD

Imagine years of...

- Bone-on-bone grinding pain, GONE!
- Near-crippling knee pain, GONE!
- Chronic back pain, GONE!
- Everyday aches and pains, GONE!

Impossible? Not with a little-known natural discovery proven to actually *repair* the cause of most pain *and* the only one ranked No. 1 in the world for pain relief.

Once you read about it, you'll be amazed at how simply, yet powerfully it works—and for a fraction of a cost of painkillers.

This stunning discovery has only been available in Europe, that is until now...

(continued inside)



Important medical news from Europe if you want to **END YOUR PAIN,** not just “manage” it!

By Dennis Clark, PhD

One of the world's foremost experts
on nutritional medicine

Dear Friend,

If you're suffering from stubborn pain in your knees, hips, back, fingers, joints or anywhere, here's a secret the Medical Establishment *doesn't* want you to know.

- Your pain won't end if you simply try to *mask* it.
- Your pain won't end if you take chemicals that *fool* your body into thinking the pain is gone.
- Your pain won't end if you take natural solutions that aren't *strong enough*.

The truth is...

...you'll never end your pain unless you fix the cause.
And in most cases, pain that's stubborn, persistent and chronic is due to **damaged, worn down, thinning cartilage** in your joints.

As **Illustration No. 1** on the next page shows, cartilage often starts to deteriorate and break down because of wear and tear...a lack of range of motion...old age...or too much inflammation.

So instead of flexible, lubricated joints...the bones in your joints start

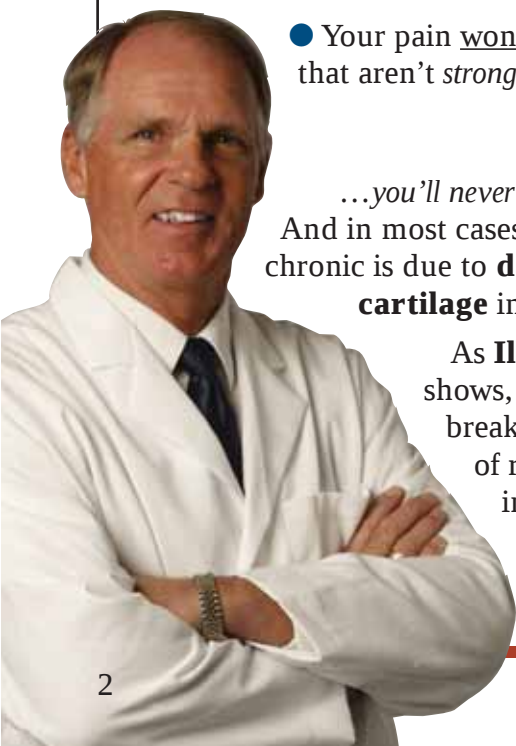


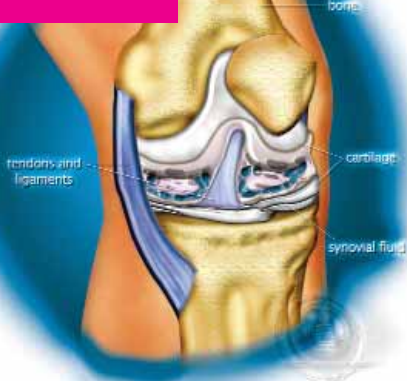
Illustration No. 1

Illustration No. 2

ok to get hi-res images from Mike?



If your cartilage is worn thin or damaged, the bones in your joints end up rubbing harshly against each other—and you're in unending pain.



If your cartilage is healthy, your joints move and flex pain free.

rubbing and grinding harshly against each other. The result? Pain that can be excruciating.

But as **Illustration No. 2** shows, healthy cartilage is the tough, translucent, living material that cushions and protects the ends of the bones. Healthy cartilage is extremely strong and flexible, changing form as you flex your joints, then springing back into shape—even when under stress.

But what most people don't know is and what most doctors won't tell you is...

...your joint cartilage can be regenerated—naturally—and that can mean putting an END to your most stubborn pain, for good!

I'm excited to announce a new natural discovery from Europe that's been scientifically proven to *repair* your damaged cartilage... *replenish* the soothing fluids...and *renew*, yes even REBUILD, your thinning cartilage. And all of this can begin, and noticeably so, within NINE DAYS! No other painkiller I know can deliver that!

Beyond managing your pain: A stunning new discovery for complete relief now available to you in the U.S.

After years of extensive research, European scientists have
(over please...)

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announced that a special plant extract—a mixture of highly purified oils found in **avocados** and **soybeans**—has become a phenomenon because it works in ways that are different and in many ways *superior* to glucosamine, chondroitin and other natural pain solutions.

Now this discovery, called **Avocado/Soy Unsaponifiables** (ASU for short), has caught the attention of the entire medical world and myself because...

It can actually repair and rebuild damaged cartilage in your weight-bearing joints

Scientific research reveals that **Avocado/Soy Unsaponifiables** (ASU) increase the levels of molecules in your joints called *aggrecan*.

Aggrecan plays a key role in the functioning of your joint cartilage, primarily working to maintain high levels of hydration in the cartilage. This keeps your cartilage strong, flexible *and*

Meet Dr. Dennis Clark, Ph.D. **One of world's foremost experts in nutritional medicine**



For more than 25 years, Dr. Dennis Clark has been at the forefront of advanced research in nutritional medicine, especially plant-based medicines. His credentials include...

- Research Fellow of the Alexander von Humboldt Foundation and National Science Foundation
- Professor of Plant Biology at Arizona State University, Associate Professor at the University of Texas and Adjunct Professor at the Southwest College of Naturopathic Medicine who has taught courses in general botany, medical botany, plant chemistry, plant evolution and the pharmacology of natural drugs
- Visiting Professor at the Institut für Pharmazeutische Biologie, Universität Heidelberg, Germany and at the Department of Botany and Plant Sciences, University of California, Riverside
- A Ph.D. in botany at the University of Texas in Austin, specializing in plant chemistry
- Co-author of a best-selling college-level textbook on botany

In this Special Issue, Dr. Clark reveals the exciting details about a new European pain reliever featuring one of the greatest breakthroughs in plant-based medicines he's ever discovered, Avocado/Soy Unsaponifiables.

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lubricated—so you bend and move with little or no pain.

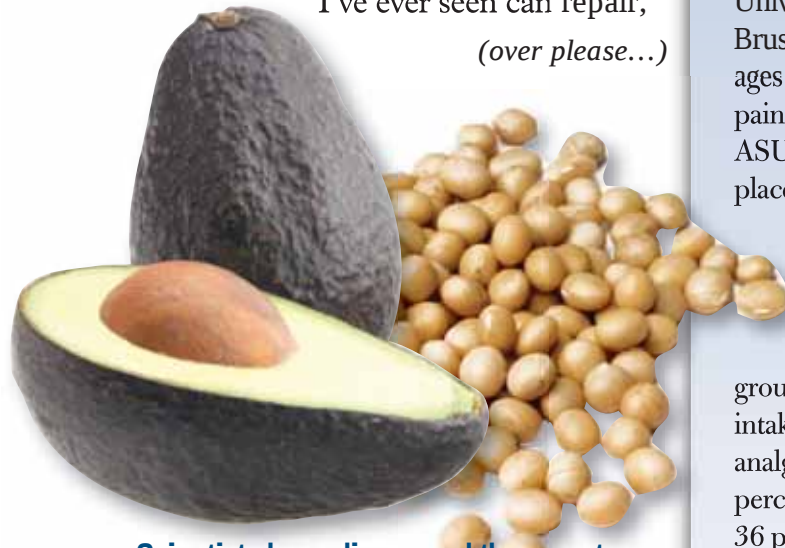
Here's the key: The more aggrecan present, the easier it is for your joints to move and for them to stay lubricated.

When you walk or stand, the weight of your body is transferred to your joint cartilage. Your weight compresses the cartilage, and water is squeezed out.

When you sit, the opposite happens. The load is reduced, the compressive force is removed and your cartilage once again gets thick and healthy.

Now here's the big news: Research⁽¹⁾ at the University Hospital in Liege, Belgium has confirmed that **Avocado/Soy Unsaponifiables** can significantly boost the production of aggrecan, helping to slow down and even repair damaged cartilage—in as little as nine days!

After researching natural pain relief solutions for more than 20 years, I can say this without hesitation: No painkiller I've ever seen can repair,
(over please...)



Scientists have discovered the secret to regrowing and rebuilding joint cartilage in the highly purified oils found in avocados and soy.

(1)The Journal of Rheumatology, 2003



Throw away your pain pills?

If you want relief but you're worried about side effects, here's great news. Avocado/Soy Unsaponifiables are proven to give you safe relief and reduce your need for NSAID pain pills.

In a study⁽²⁾ at the University Hospital of Brussels, men and women ages 45 to 80 with knee pain took 300-600 mg of ASU and a NSAID or a placebo and a NSAID for three months.

The results? At the end of the study, 71 percent of the ASU group decreased their intake of NSAIDs and analgesics by more than 50 percent compared to only 36 percent for those taking the placebo.

(2) Appelboom, T et al. Department of Rheumatology, Erasmus University Hospital of Brussels, Belgium, Scan J Rheumatol, 2001;30(4):242-7

restore, even REBUILD your damaged cartilage like ASU.

The result? *You can fix the cause of your pain and END your suffering, fast and forever!*

But the news is even better...

Avocado/Soy Unsaponifiables are rated No. 1 “most effective” for ending your pain, says landmark study

Since glucosamine and chondroitin came onto the natural health scene in the early 1990s, many “new” natural pain relievers have been introduced.

Yet how do you know which one is really the most effective? You can spend thousands of dollars trying to find out.

The good news is, we now have the answer.

A landmark Swiss study⁽³⁾ reviewed the effectiveness of natural solutions for pain—ranging from herbs to vitamins and from nutraceuticals to functional foods.

It's the first study I've seen that reviewed human clinical studies from the world's three most prestigious medical databases and evaluated the effectiveness of natural pain relievers.

From these studies, 18 different nutrients, vitamins or herbs were compared for effectiveness of relieving pain—and Avocado/Soy Unsaponifiables (ASU) was rated **No. 1 “most effective”!**



**No matter where you
hurt, Avocado Soy
Unsaponifiables can
give you the relief you
want and need,
starting in just 9 days.**

As Chart #1 proves, Avocado/Soy Unsaponifiables (ASU) were far more effective in reducing pain than other natural solutions. In fact, ASU did spectacularly well compared to others.

For example, ASU reduced pain a full 30.5 percent better than MSM....110 percent better than Vitamins C and E....198 percent better than bromelain...and 276 percent better than ginger to name a few!

In fact, ASU was the *only* natural pain reliever to get a “good” rating!

This can mean you can END your short-term and long-term pain—with soothing, cooling relief that's better than any

(3) Laurent G. Ameye and Winnie SS Chee, Nutrition and Health Department, Nestlé Research Center, Vers-chez-Blanc, 1000 Lausanne 26, Switzerland, July 19, 2006, Osteoarthritis and nutrition: From nutraceuticals to functional foods: A systematic review of the scientific evidence.

CHART #1:

Avocado/Soy Unsaponifiables (ASU) rated #1
“most effective” for ending pain

Global pain relief score of functional ingredients

Rated
#1!

ASU	1.58
MSM	1.21
Vitamin B3	0.75
Vitamin C	0.75
Duhuo Jisehng Wan	0.67
Lipids from green mussels	0.58
Bromelain	0.53
Boswellia serrata	0.48
Ginger	0.42

other natural pain reliever I’ve ever seen!

No matter where you hurt—burning pain in your back...searing pain in your legs...persistent pain in your hips...or chronic pain in your knees, Avocado/Soy Unsaponifiables can give you the relief you want and need.

Even better, as you’ll see in a moment, Avocado/Soy Unsaponifiables are now available to you—for the first time in America—in a new natural pain relieving formula called *Avoserra-D™*.

But before I tell you more about this unique new natural pain relief formula, let me reveal another unique benefit of Avocado/Soy Unsaponifiables, one I know you’ll certainly appreciate...

Your NSAID pain pills may
be a thing of the past!

A comprehensive review of clinical trials of 751 patients with knee or hip

(over please...)



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pain revealed another remarkable benefit of ASU, not found in any other natural pain reliever I know.

It's this: Taking Avocado/Soy Unsaponifiables can mean...

...throwing away your pain pills: In these clinical trials, those taking Avocado/Soy Unsaponifiables reduced their need for NSAID pain pills, compared to those taking the placebo (see Chart #2).

If that's not enough, those taking ASU also had lower pain scores (i.e., less pain) at 30, 60 and 90 days compared to those taking the placebo (see Chart #3).



With joints that flex and move with ease, you can get back to doing most or all of the things you love!

No wonder the medical publication *Bandolier—Evidence based thinking about health care* reports: “There is some evidence from three well designed and conducted trials that Avocado/Soy Unsaponifiables (ASU) achieves the **double whammy of both reduction of pain and reduction of NSAID consumption.**”

Now that's peace of mind. Blessed relief *and* less dependence on NSAIDs!

The news is even better because ASU is also recognized to be...

Less pain and fewer NSAIDs with ASU

CHART #2:

Pain scores with ASU and placebo

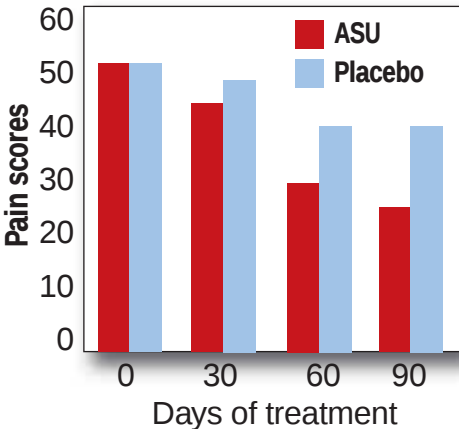
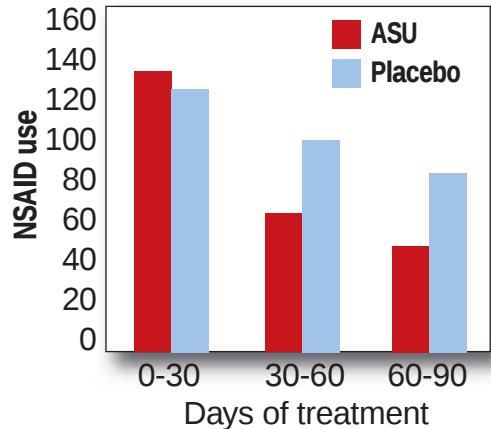


CHART #3:

NSAID consumption with ASU and placebo



Especially beneficial for relieving chronic low back pain

Not only do Avocado/Soy Unsaponifiables work wonders on your knees, hips and joints—but they also bring relief to lower back pain.

In a systematic review⁽⁴⁾ of herbal anti-inflammatories conducted by The Institute of Forensic Medicine in Germany, ASU was among those treatments analyzed for easing chronic lower back pain.

MEDLINE, PUBMED and Cochrane Collaboration Library databases were searched to determine if ASU could ease back pain.

The results? The evidence of effectiveness was “strong” for ASU to soothe lower back pain. To receive a “strong” rating requires at least two confirmatory studies with clinical relevant effects.

But that’s not all. I’ve also been impressed by Avocado/Soy Unsaponifiables (ASU) because...

You get blessed relief that lasts longer!

Many people in pain get short-term relief, but then they’re frustrated when the pain returns, often with a vengeance.

But this won’t be the case
(over please...)

(4) Institute of Forensic Medicine, University of Freiburg im Breisgau, Albertstr. 979104 Freiburg im Breisgau, Germany

The evidence is in:

ASU is in a “class of its own” for relieving joint pain!

In another comprehensive review⁽⁵⁾ of herbal therapies for joint pain, studies of Avocado/Soy Unsaponifiables were so well performed and results were so superior, it was rated “the *only* plant-based oral treatment with sufficient evidence to recommend for joint pain.”

(5) Little, C.V., Parsons, T., and Logan, S. “Herbal Therapy for Treating Osteoarthritis (Cochrane Review).” In: The Cochrane Library, 2, 2001



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pain fast—guaranteed—
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with Avocado/Soy Unsaponifiables (ASU) in the new natural pain relieving formula *Avoserra-D™*.

That’s because ASU has been proven to end your pain and keep that pain away.

For example, in a six-month randomized, double-blind, placebo-controlled study⁽⁶⁾, 114 patients with knee pain and 50 with hip pain took either 300 mg of Avocado/Soy Unsaponifiables (ASU) or a placebo every day for six months, followed by a two month post-treatment review.

The result? Patients taking ASU experienced significantly less pain and disability compared to those taking the placebo.

Even better, at the end of the six months, both groups took the placebo only to see if the pain-relieving effects of ASU *would continue*. And they did! Those who took ASU continued to get relief for two more months after they stopped taking it!

This is the “Most potent ASU,” says independent testing laboratory

The Avocado/Soy Unsaponifiables found in the new *Avoserra-D™* is no ordinary ASU.

As you can see in the chart below, it’s more potent than the brand used in most clinical studies.

Comparative Analysis of Avocado/Soy Unsaponifiables

	ASU in Avoserra-D™	Brand used in most studies
Dosage	300 mg	300 mg
Total Phytosterols	123.9 mg (41.3%)	94.2 mg (31.4%)
Campsterol	37.2 mg (12.4%)	26.7 mg (8.9%)
Stigmasterol	24.0 mg (8.0%)	20.9 mg (7.0%)
Beta-Sitosterol	62.7 mg (20.9%)	46.6 mg (15.5%)

Tested by Analytical Laboratories, Brea, CA

Bottom line: The ASU in *AvoSerra-D* is rated “more potent” in all four categories.

(6)Maheu, E. et al. “Symptomatic Efficacy of Avocado/Soybean Unsaponifiables in the Treatment of Osteoarthritis of the Knee and Hip:A Prospective, Randomized, Double Blind, Placebo-Controlled, Multicenter Clinical Trial with a Six-Month Treatment Period and a Two Month Follow up Demonstrating a Persistent Effect.” Arthritis and Rheumatism, 41(1), 1998, pages 81-91

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Now you can see why the new European discovery, Avocado/Soy Unsaponifiables, can help you end your most stubborn pain—fast and forever, starting in just 9 days—*guaranteed!*

Best yet, you can get **300 mg of Avocado/Soy Unsaponifiables** (the most potent ASU in the exact same clinical dosage used in the studies above) per serving in the new natural pain relieving formula, *Avoserra-D*—now available to you for the first time in America.

Yet there's even more than ASU that excites me about this new natural pain relieving formula.

I told you before that the cause of most pain is damaged cartilage. But if you want to make sure you have genuine and complete pain relief, then you also need to address two other causes of pain.

That's why, besides the Avocado/Soy Unsaponifiables (the “Avo” in the formula), the new *Avoserra-D*™ formula also includes...

**The most powerful new discovery
I've ever seen for reducing inflammation:
Serratiopeptidase.**

It's a medical fact: If you want to eliminate most or all of your pain, you must also reduce inflammation that builds up in your joints.

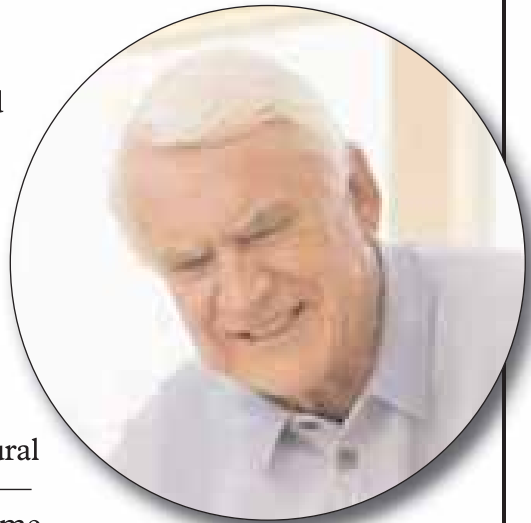
Dr. Andrew Weil, leading integrative medical specialist says, “Chronic inflammation just may be the root of all degenerative disease.”

And the National Library of Medicine notes that over 140 studies have firmly established that high levels of chronic inflammation predict significantly greater risk for serious disease and death.

What's more, as you age, your body loses its ability to stop the production of inflammatory messengers and to “down-regulate” inflammation.

In your joints, too much inflammation leads to tissue deterioration, scar tissue in place of cartilage, rigid bone fusion, destruction of cartilage and bone rubbing on bone. The result?

(over please...)



**No matter where you're
in pain, this new
breakthrough formula can
help you put an end to your
suffering, fast and forever.**

Pain and discomfort that's hard to shake.

But here's good news: The new triple-action formula, *Avoserra-D™* includes a remarkable solution for inflammation, **serratiopeptidase**.

Serratiopeptidase is a protein enzyme that reduces (1) inflammatory pain and swelling from joint discomfort, infection, injury and surgery and (2) chronic inflammation throughout your whole body.

In nature, serratiopeptidase is produced by the silkworm in order to break a hole in non-living tissue—in this case, its cocoon.

A specific friendly bacteria (*Serratia E-15*) from the gut of the silkworm is then cultivated in the lab, and the enzyme is isolated from that bacteria.

How does it work?

It breaks up the vicious cycle of inflammation, pain and swelling

Serratiopeptidase reduces inflammation in your joints by breaking up stagnant pools of old, dead cells that collect around injured areas.

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Scientific studies prove the pain-reducing power

■ Hand and wrist pain improved!

In one small study⁽⁷⁾, 65 percent of patients with hand and wrist pain showed improvement in pain and inflammation by taking serratiopeptidase.

■ Chronic inflammation quelled!

In a multicentre, double-blind, placebo-controlled study⁽⁸⁾, serratiopeptidase was shown to reduce chronic inflammation by reducing fluid and stagnant cellular debris. Even better, it helped thin the blood and protect tissues from inflammatory cells.



(7)Panagariya, A. A preliminary trial of serratiopeptidase in patients with carpal tunnel syndrome. J Assoc Physicians India. 1999;47(12):1170-1172

(8)Mazzone A et al. Evaluation of Serratia peptidase in acute or chronic inflammation of otorhinolaryngology pathology; a multicentre, double-blind, randomized trial versus placebo. J Int Med Res. 1990;18(5):379-88.

When you have an injury or illness, your inflammation response goes to “red alert”—and your white blood cells come to the rescue to kill off invaders or stop the infection.

The problem is, those cells die...leaving billions of dead cells called cellular debris. If your circulation can't remove it, this cellular debris builds up like kitchen trash not taken out for a few weeks.

The cellular debris builds up, traps fluids and causes irritation—so your body thinks you have another injury or infection—and more white blood cells rush in.

This puts you on a painful cycle of inflammation, pain and swelling.

But you'll be glad to know serratiopeptidase goes into these inflamed areas, douses the fires of inflammation, breaks up cellular debris
(continued on page 14...)

of serratiopeptidase

■ Soothes joint pain

Yet in another study⁽⁹⁾, serratiopeptidase was shown to reduce joint pain around joint, reducing swelling and stagnation. By breaking up cellular debris, it also helped protect joints and cartilage from significant damage.

(9)Majima Y et al. The effect of an orally administered proteolytic enzyme on the elasticity and viscosity of nasal mucus. Archives Otorhinolaryngology. 1990;18(5):379-88



A 97.3 percent success rate reducing pain in 3 to 4 days!

Critics of natural therapies often cite that they take too long to work. Not serratiopeptidase!

In a double-blind study⁽¹⁰⁾, 140 subjects suffering from acute or chronic nose, ear or throat discomfort and pain were divided into two groups. One group took serratiopeptidase; the other group took the placebo.

The results were astounding! Those taking serratiopeptidase experienced a significant reduction in severity of pain in just three to four days! Plus, doctors reported either “good or excellent” results in 97.3 percent of those taking serratiopeptidase vs. a 21.9 percent success for the placebo group.

Now that's fast, effective relief!

(10)Mazzone A, et al. Evaluation of Serratiopeptidase in acute or chronic inflammation of otorhinolaryngology pathology; a multicentre, double-blind, randomized trial versus placebo. J Int Med Res. 1990;18(5):379-88.

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and unclogs your joints of these painful compounds.

It also reduces pain by draining fluid from inflamed areas...lessens swelling that presses on sensitive areas...and blocks the release of pain-triggering compounds.

Now, you can experience the inflammation-reducing, pain-soothing benefits of this exciting discovery in the new formula *Avoserra-D™*. That's because each serving includes **10 mg of serratiopeptidase**, the "serra" in its name.

The unique combination of 300 mg of Avocado/Soy Unsaponifiables and 10 mg of serratiopeptidase makes *Avoserra-D™* especially powerful for helping to end your most stubborn pain.

Yet the latest research in pain relief makes clear that any new natural pain reliever would be even more effective if it included...

The stunning Mayo Clinic discovery that soothes even hard-to-explain "all over" pain

A groundbreaking study by the prestigious Mayo Clinic could hold the key to you erasing most or all of your pain—even unexplainable pain.

In this cross sectional study⁽¹¹⁾, 150 patients suffering from persistent, severe pain in muscle and bone were analyzed, and researchers uncovered three startling facts:

First, all of the pain sufferers had been misdiagnosed for a period of two years.

Second, all patients had used maximum prescription and over-the-counter NSAIDs with minimal improvement.

Third and most important, *93 percent of these patients had deficient levels of vitamin D!*

The conclusion? All patients with persistent, nonspecific musculoskeletal pain are at high risk for the consequences of unrecognized and untreated vitamin D deficiency.

This study reveals the shockingly poor quality of pain relief in America. Think about it: Doctors failed to diagnose the pain of these patients who suffered for two years—when all it took was a simple vitamin to end their pain!

This discovery...

(continued on page 16...)

(11)Gregory A. Plotnikoff, M.D., MTS; Joanna M. Quigley, BA. "Prevalence of Severe Hypovitaminosis D in Patients with Persistent, Nonspecific Musculoskeletal Pain. Mayo Clin Proc. 2003;78:1463-1470

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The American Geriatric Society advises seniors to use “extreme caution” when taking NSAIDs! Here’s why...

Be warned! Overuse or misuse of non-steroidal anti-inflammatory drugs (NSAIDs) could wreck your stomach lining, cause internal bleeding, destroy your liver or kidney and even kill you!

New warnings of aspirin, acetaminophen, ibuprofen and other NSAIDs include..

- ✓ Seniors who take diuretics and NSAIDs can double their risk of hospitalization due to congestive heart failure⁽¹²⁾
- ✓ **NSAIDs can reduce the effect of ACE inhibitors and beta blockers and increase risk of kidney failure⁽¹³⁾**
- ✓ Cases of liver failure due to overdoses of acetaminophen increased 50 percent between 1998 and 2003.—*Hepatology*, Dec. 2005
- ✓ **Women have a greater risk of dying from GI bleeding due to NSAIDs than dying from cervical cancer⁽¹⁴⁾**
- ✓ More people die from NSAIDs than from melanoma skin cancer.
- ✓ ***New York Times* reports, “Poisonings from a popular pain reliever are rising.”**
- ✓ “It’s extremely frustrating to see people coming into the hospital who felt fine several days ago, but now need a new liver.”

—Dr. Tim Davern, one of the authors of a study on the dangers of this popular pain reliever, Dec 2005 *Hepatology Journal*



ATTENTION MEN: Researchers suggest NSAIDs can kill your sex life! A study in 2006 reported by UroToday.com reports that NSAIDs may interfere with the nitric oxide pathway that’s essential for a man to have an erection. Men using NSAIDs had 1.8 times the risk of having erectile problems than men not taking NSAIDs.



(12) Heerdink, ER, et al. NSAIDs associated with increased risk of coronary heart failure in elderly patients taking diuretics, *Arch Int Med*. 1998;158:1108-12

(13) Fields, TS, et al. The renal effects of nonsteroidal anti-inflammatory drugs in older people. *J Am Ger Soc*.

1999;47:507-511.

(14) G Singh. Recent considerations in nonsteroidal anti-inflammatory drug gastrophry. *Amer J. Med*. 1998 105(1B):31S-38S

Exposes one of the biggest public health disasters in modern history

What is this health disaster? The myth that taking too much vitamin D is dangerous for you. *It's simply not true!*

The problem is, this myth has left millions of Americans deficient of vitamin D—and suffering from pain unnecessarily. And chances are good you're deficient in vitamin D, too.

How did this medical blunder occur?

It began in the early 1960s and is attributed to the Official Food and Nutrition Board of the Institute of Medicine of the National Academy of Sciences.

This is the authoritative government agency for vitamin recommendations, and this “expert” board recommended adults need *one half the infant dose* of vitamin D—or just 200 IUs a day.

An infant dose (400 IUs a day) of vitamin D was based on folk medicine in which infants were given a teaspoon of cod liver oil to prevent rickets. A teaspoon of cod liver oil is about 400 IUs of vitamin D.

It was safe enough for children, so this board decided that 200

Facts about vitamin D the Medical Establishment is not telling you— plus the simple secret to banishing your pain

- The form of vitamin D synthesized by humans is vitamin D3.
- We get very little vitamin D3 from foods such as fish, eggs, milk and cod liver oil—and most people don't get enough sun exposure, a key source of Vitamin D3.
- People over age 70 who don't get enough sun produce only 25 percent of the vitamin D3 in a healthy young adult.
- You must have enough vitamin D3 to help reduce pain and inflammation, keep your bones and muscles strong and support a healthy heart and immune system.



These statements have not been evaluated by the FDA.
This product is not intended to diagnose, treat, cure or prevent any disease.

IUs of vitamin D would be safe. But this recommendation was not based on science but whim!

The good news is...

**Your pain and misery may well
vanish when you take an
adequate amount of vitamin D3!**

Could taking this simple vitamin be the missing link to natural pain relief? Just take a look at what science reports...

■ **From severe “all over” pain to zero symptoms!**

In a 2006 Swiss study⁽¹⁵⁾, 90 percent of patients who had complained of severe “all over” pain for over two years were diagnosed as having emotional, not physical problems. Imagine how these patients felt when doctors

(over please...)

(15)de Torrente de la Jarra G, et al. Female asylum seekers with musculoskeletal pain: the importance of diagnosis and treatment of hypovitaminosis D. BMC Fam Pract. 2006 June 23;7:4



**Imagine taking one
natural supplement
and ending your pain,
even stubborn pain.
That's what can
happen when you take
the new Avoserra-D.**

No wonder...

- ✓ The prestigious Harvard Public Health Review supports increased dosages of vitamin D and warns that a large number of the U.S. population doesn't get enough vitamin D.
- ✓ Dr. Donald Vieth, leading expert on the safety of vitamin D, calls the current recommendation of 200 IUs of vitamin D “woefully inadequate”
- ✓ TIME magazine hails vitamin D as one of the “Top Ten Medical Breakthroughs for 2007”

The good news? You'll get a full, potent dose of Vitamin D3 in the new *Avoserra-D*TM formula.



**Help end your most stubborn
pain fast—*guaranteed*—
or your money back with
our 60-day return policy!**

See page 27 for special savings and
FREE Gifts valued at up to \$96.70!



told them their pain was “all in their heads.”

But after treatment with vitamin D, 66.7 percent of the patients no longer had any symptoms of pain. From severe “all over” pain to zero symptoms. Amazing!

■ Inflammation significantly reduced

Scientific research⁽¹⁶⁾ documents that low levels of vitamin D deficiency are associated with increased inflammation in otherwise healthy people. More important, inflammation was *significantly* reduced following vitamin D supplementation.

■ Low back pain relieved in 95 percent of cases

In another eye-opening study⁽¹⁷⁾, 360 men and women with low back pain with no obvious causes were analyzed. Of these patients, 83 percent had abnormally low levels of vitamin D.

But after three months of treatment of 5,000 to 10,000 IUs of vitamin D a day, 95 percent of the patients reported improvement in low back pain.

(continued on page 20...)

Warning: Vitamin D deficiency most likely means...

■ More pain

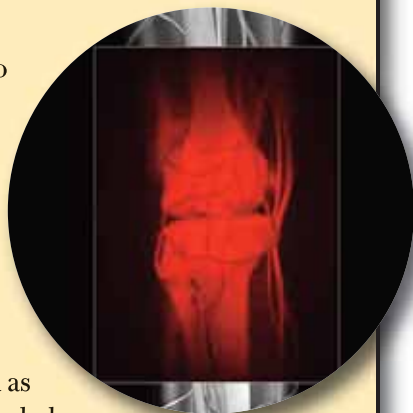
In a Boston study⁽¹⁸⁾ of 221 patients who were suffering from knee pain, researchers discovered those with low baseline Vitamin D levels had *significantly more pain* and disability than those who had higher levels.

■ More painkillers needed

In a 2007 study⁽¹⁹⁾ at the Mayo Clinic, patients with low levels of vitamin D needed *twice* as much morphine to relieve their pain as people with adequate levels. Worse, they needed morphine for longer periods of time!

■ Weaker bones

Having enough vitamin D helps strengthen your bones and prevent brittle bones. Your bones need adequate amounts of vitamin D to absorb calcium and strengthen your bones. Experts believe brittle bones are a prime example of the long-term effect of vitamin D deficiency.



(18)Felson DT 2004 68th annual scientific meeting of the American College of Rheumatology. MacNeil JS. Vitamin D deficiency linked to pain and disability in knee osteoarthritis. Medscape Medical News. Oct 19, 2004

(19)Hooten WM et al. Prevalence and clinical correlates of vitamin D inadequacy among patients with chronic pain. Annual Meeting October, 2007, American Society of Anesthesiologists. Anesthesiology 2007;107:1380

(16)Al Faraj S et al. Vitamin D deficiency and chronic low back pain in Saudi Arabia. Spine. 2003 Jan 15;28(2): 177-9

These statements have not been evaluated by the FDA.
This product is not intended to diagnose, treat, cure or prevent any disease.

Stop Suffering in Silence!

“Most pain goes untreated, undertreated or improperly treated, with millions suffering in silence.”

—American Pain Foundation

America prides itself as the “leader” in modern medicine. Yet when it comes to pain relief, the results are shockingly poor.

Just consider these facts from latest research and national surveys...

- ✓ Over 90 million people in the U.S. suffer from pain that's lasted more than six months—*The National Institutes of Health*
- ✓ Over 50 percent of surveyed pain patients said their prescription medications aren't working—*Partners Against Pain survey*
- ✓ An estimated 200,000 people are admitted to U.S. hospitals annually due to injury and illness related to aspirin, acetaminophen and other NSAIDs...and 16,500 deaths occur each year due to NSAIDs
—*Cleveland Clinical Journal of Medicine*
- ✓ Most medical doctors are ignorant in treating musculoskeletal, neuropathic or low back pain and are not trained at all in multidisciplinary and alternative pain therapies
—*The Journal of the American Geriatric Society*
- ✓ Patients with chronic pain are so dissatisfied with their treatment that 78 percent of them are willing to try a new treatment
—*Partners Against Pain survey*



It's clear that the pain-relieving solutions of the Medical Establishment don't work or don't work well enough—and even put your health in danger.

But now, you have a new alternative proven in clinical studies and by thousands of people in Europe—to help reduce your pain and your dependence on NSAID pain pills—Avocado/Soy Unsaponifiables. It's the featured ingredient in the new Avoserra-D™ pain relieving formula.

Help end your most stubborn pain fast—*guaranteed*—or your money back with our 60-day return policy!

See page 27 for special savings and FREE Gifts valued at up to \$96.70!



To order, please call toll free 1-800-914-6311

■ Migraine attacks gone

In two case studies⁽²⁰⁾, postmenopausal women with menstrually related migraine headaches cited a major reduction in headache attacks when they took vitamin D and calcium.

So how much vitamin D3 should you take each day? The new recommendation by leading vitamin D3 experts in effectiveness and safety recommend at least 1,000 IUs to 2,000 IUs a day—and as much as 10,000 IUs a day can be taken safely.

This is why the new *Avoserra-D* now includes **2,000 IUs of vitamin D3** in each serving. This is the “D” in the name of this exclusive new formula.

When you add it all up...

This exclusive “triple-action” formula gives you a new way to help end your most stubborn pain, fast—*guaranteed!*

Why was *Avoserra-D* specially formulated to include Avocado/Soy Unsaponifiables, serratiopeptidase *and* vitamin D3?

Because cartilage degradation, inflammation and unexplained joint pain are multifaceted problems, and solo nutrients don't

Cut your risk of falls and fractures IN HALF!

Did you know that more than one third of people over the age of 65 fall each year? The main reason why they fall is muscle weakness, and taking at least 800 IUs of vitamin D a day can help.

Research⁽²¹⁾ suggests that women given 800 IUs of vitamin D reduced falls and fractures by 47 percent over a 12 month period.

In another study, the incidence of falls was cut in **HALF**—by taking 800 IUs of vitamin D.

What's more, randomized trials⁽²²⁾ using 400 IUs of vitamin D did not reduce fracture risk, but 800 IUs did.



(21) NutraIngredients News: Call for vitamin D supplements for housebound elderly. 04/03/05.

(22) Vieth, R., et al. The urgent need to recommend the intake of vitamin D that is effective. *Am J Clin Nutr.* 2007 March;85(3):649-50

Why pay \$2, \$3 even \$5 for a pain pill?

It's outrageous how much you're being asked to pay for pain pills—not to mention the side effects.

That's why I'm very excited about the new *Avoserra-D™*. Now, you eliminate your worst pain and reduce your need of pain pills for a fraction of the cost of those overpriced pain pills!



address them all.

What you need is something that specifically targets the most harmful pain “pathways” using multiple active compounds—in this case, a formula that combines the most powerful pain-soothing plant extracts, protein enzymes *and* vitamins on earth.

In addition, when you let nature have its way reducing your pain and inflammation day after day, you not only get short-term relief—you get long-term comfort, too! Add to that safety and less dependence on NSAID pain pills, and you have something special indeed.

Even better...

This powerful natural pain reliever—new to America—can now be sent directly to your home without a doctor's prescription. Plus, you can save \$40 and receive five FREE gifts!

IMPORTANT: The new *Avoserra-D™* is not available in health food stores, catalogs, online or through any other source—but only through this special offer. And what a special offer it is!

For example, your “Best Deal” Super Offer includes...

- Six bottles (a six-month) supply of the new triple-action pain reliever, *Avoserra-D™*, at special \$40 savings and the lowest price per bottle.
- Five FREE Special Health Reports, a total value of \$99.75 including...



(over please...)

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This product is not intended to diagnose, treat, cure or prevent any disease.

✓ **FREE Special Report No. 1:** *The Shocking Truth About Inflammation Most Doctors Won't Tell You*...a \$19.95

value, yours FREE!

- Health Alert—high levels of chronic inflammation can triple your risk of heart disease
- The real definition of “chronic inflammation” you’re not hearing
- Why low grade inflammation means you’ll likely have blood sugar problems
- The #1 hidden cause of inflammation—and easy ways to prevent it
- Why a lack of sleep can cause up to a 60% increase in a major inflammation factor
- The *Journal of Neuroscience* reveals two delicious fruits that can reverse inflammation
- The amazing natural oil that suppresses inflammatory compounds up to 90 percent
- The great aspirin cover-up—startling new findings expose the risks and poor track record of this best-selling “anti-inflammatory”
- Plus, dozens more natural secrets for reducing inflammation in your body, yours FREE!



FREE

✓ **FREE Special Report No. 2:** *28 New Natural Secrets for Clobbering Joint Pain & Misery*...a \$19.95 value, yours FREE!

- The surprising “root cause” of joint pain
- Warning: Life Extension Foundation reports that conventional pain medications kill over 7,000 Americans and cause 70,000 hospitalizations a year
- From wheelchair to living again—one woman’s remarkable story of natural pain relief
- The very best anti-inflammatory and pain relieving drink—savory and delicious
- The natural secret with an 80 percent success rate for soothing knee and hip pain
- The shocking connection between leaky gut syndrome and pain
- A herbal anti-inflammatory with centuries of natural pain relief
- Plus over 20 more new natural secrets for pain relief, yours FREE!



FREE

✓ **FREE Special Report No. 3: *Advanced Scientific Breakthroughs For Erasing Your Pain*...** a \$19.95 value, yours FREE!

- The unreported risk of hidden acetaminophen that can destroy your liver
- Natural science reveals eight top secrets for reducing inflammation and pain
- “The best way to treat pain” as reported by leading scientists
- Tension headaches? Migraines? IBS pain? How this easy (and free) treatment works wonders
- The six top supplements for lower back pain that work like magic
- Six ways to prevent damage to your liver, stomach and gut if you must take aspirin and NSAIDs
- The biggest mistake people make treating pain, strains and sprains
- Recommended herbs for supporting stress reduction and good moods
- And dozens more of the newest, most advanced natural pain relievers, yours FREE!



✓ **FREE Special Report No. 4: *Healing Foods That Can Prevent 90 Percent of Our Illnesses*...** a \$19.95 value, yours FREE!

- Want to live a longer, healthier life? It all starts with what you're eating.
- Eight simple ways traditional diets prevent chronic illness
- Why up to 90 percent of heart disease, hypertension or high cholesterol is preventable without drugs or surgery
- Shocking news—how the common U.S. diet is making us sick
- Five foods to avoid like crazy
- The French secret to eating that can greatly reduce your risk of heart disease
- Eight of nature's most potent healing foods
- Six super food additives that can boost your health and safeguard you from the worst health problems
- Plus, many more little-known secrets on foods that kill and foods that heal, yours FREE!



(over please...)

✓ **FREE Special Report No. 5: *The Simple, Lifesaving Blood Test Everybody Needs (But Few Take)***...a \$19.95 value, yours FREE!



FREE

- Why cholesterol is not the cause of plaque buildup and heart attack like most think
- The real problem behind heart attack, colon cancer, Alzheimer's and other killers
- The simple, inexpensive blood test that may save your life—but you have to ask for it
- Worried about a heart attack or stroke? This test will give you an advanced warning if trouble is ahead—so you can do something about it
- Plus, more little-known information on the one blood test everybody needs, yours FREE

✓ **FREE Shipping & Handling**...a \$6.95 value, yours FREE!

That's a grand total of special savings and FREE Gifts of \$146.70! But that's not all.

Order within 7 days and receive two extra FREE Gifts!

Order the new *Avoserra-D™* formula within 7 days, and you'll be rewarded for your promptness. You'll receive two extra FREE Gifts:

✓ **EXTRA FREE Gift No. 1:** A special pain-relieving topical “salve”—extra-strength *Arnica-80™*—that gives you *instant* relief for everyday muscle aches (a \$6.95 value)!

Arnica-80™ is a unique salve made from the mountain plant, arnica, that gives you fast and effective relief for muscle aches, joints and tension. Also, it helps soothe sprains, bruising and swelling.

Just rub a little on—and enjoy instant relief. You'll love this all-natural, chemical-free product developed with no animal testing. Plus, it doesn't smell like a locker room nor have a strong menthol smell. It's a perfect companion to *Avoserra-D™*.



FREE with prompt order!

✓ **EXTRA FREE Gift No. 2:** *The Shocking Inside Story of Knee Replacements*, a \$9.95 value, yours FREE. If you or a loved one is thinking about having knee replacement surgery, you must read this



FREE with prompt order!

exclusive Special Report first. Get the real story on hidden risks and dangers most doctors won't tell you.

But hurry! You must order within 7 days to claim these two extra FREE gifts.

And why not order today since...

You can try this new “triple-action” pain reliever without risking one cent. It's backed by a no-risk, ironclad, 100% 60-day money back guarantee, less S&H.

Your order of the new triple-action *Avoserra-D™* is guaranteed four ways...

■ **GUARANTEE No. 1:** The new *Avoserra-D™* is guaranteed to help end even your worst, most stubborn pain and discomfort by rebuilding and repairing damaged cartilage, fast and forever, starting in just 9 days...or your money back.

■ **GUARANTEE No. 2:** The new *Avoserra-D™* is guaranteed to help reduce your pain and your dependence on NSAID pain pills...or your money back.

■ **GUARANTEE No. 3:** The new *Avoserra-D™* is guaranteed to help reduce pain in your knees, hips, lower back, fingers, joints and even your head...or your money back.

■ **GUARANTEE No. 4:** The new *Avoserra-D™* is guaranteed to give you the highest quality, all-natural pain-soothing ingredients the manufacturer could source in precise, clinically tested dosages...or your money back.

In fact, if you are not thrilled with the new *Avoserra-D™* or are in anyway dissatisfied, just return any unused and empty bottles within 60 days, and you'll receive a full, 100% refund of the product price (less shipping and handling). No questions asked. Plus, should you request a refund, all FREE gifts are yours to keep.

Best yet...

You can experience the new natural pain reliever that's taking Europe by storm

For the first time ever, you can end your most stubborn pain and lessen your dependence on pain pills with *Avoserra-D™*, featuring the No. 1 rated **Avocado/Soy Unsaponifiables**.

And because this unique formula also includes **serratiopeptidase and vitamin D3**, you get *all* of the latest breakthroughs in natural pain relief at clinical dosages in one

(over please...)

powerful new formula.

Over the past 20 years, I've seen many formulas and nutrients claiming to relieve pain and reduce inflammation, but the new *Avoserra-D™* is the best.

Nothing I've seen has more proven science and research behind it to truly give you the kind of pain relief you want and need.

Plus, since it's completely safe and natural *and* reduces your need for NSAID pain pills, it meets the biggest concerns of most folks suffering from pain.

Don't just mask your pain. Don't just manage your pain.

Help repair and restore damaged cartilage, reduce inflammation and support your joints with what they desperately need so you can **END** your pain, fast and forever, starting in just 9 days—*guaranteed!*

I urge you to be among the first in America to order this new pain relieving phenomenon today. You'll be glad you did.

Yours for more natural pain relief,



P.S. I'm amazed that this new triple-action formula has been clinically-proven to work for stiff joints, sore lower backs, even migraine headaches. Nothing I've seen matches its scope of pain relief and its powerful yet safe dosages. As a specialist in nutritional medicine, this is the new natural pain reliever I've been waiting for—and now it's here!

P.P.S. Don't forget. Your "Best Deal" Super Offer includes special savings and **FREE** Gifts totaling \$146.70! Plus, with a **no-risk, ironclad, 100% 60-day money back guarantee** you don't risk one cent—so order now.

JUST ADDED! Get two extra **FREE** Gifts:

- ✓ **EXTRA FREE Gift No. 1:** A tube of Extra Strength *Arnica-80™* for instant relief for your sore muscles and aches, a \$6.95 value and a perfect companion with the new triple-action *Avoserra-D*.
- ✓ **EXTRA FREE Gift No. 2:** *The Shocking Inside Story of Knee Replacements*, a must-read Special Report and a \$9.95 value.

But to claim these two extra **FREE** Gifts, you must order within 7 days, so hurry—order now!



Recommended!
Greatest savings!

Enjoy special savings and FREE Gifts valued at \$96.70 with your “Best Deal” Super Offer!

Now, you can be among the first in America to order the new pain relieving phenomenon, AvoSerra-D, and end your most stubborn pain and discomfort with complete safety—*guaranteed!*



It includes...

- Six bottles (a six-month) supply of the new triple-action pain reliever, AvoSerra-D, at special \$40 savings and the lowest price per bottle
- Five FREE Special Health Reports, a total value of \$49.75 including...

✓ **FREE Special Report No. 1:**
The Shocking Truth About Inflammation Most Doctors Won't Tell You...
a \$9.95 value, yours FREE!

✓ **FREE Special Report No. 2:** *28 New Natural Secrets for Clobbering Joint Pain & Misery...* a \$9.95 value, yours FREE!

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✓ **FREE Special Report No. 4:**
Healing Foods That Can Prevent 90 Percent of Our Illnesses...
a \$9.95 value, yours FREE!

✓ **FREE Special Report No. 5:**
The Simple, Lifesaving Blood Test Everybody Needs (But Few Take)...
a \$9.95 value, yours FREE!

✓ **FREE Shipping & Handling...**
a \$6.95 value, yours FREE!

That's a grand total of special savings and FREE Gifts of \$96.70!

To order, please call toll free 1-800-914-6311

“You won’t risk one cent!”

Guaranteed to end your most stubborn pain, fast and forever—or you pay nothing!

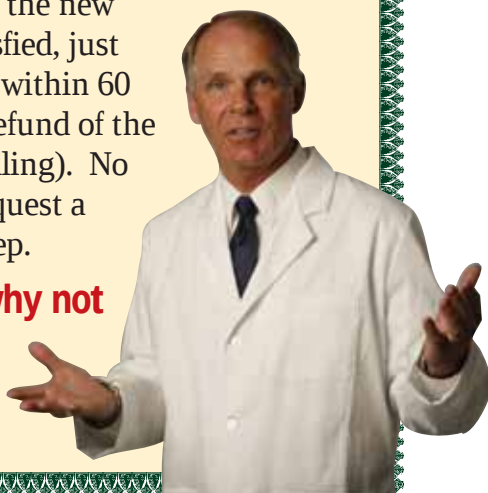
Best yet, you can try this new “triple-action” pain reliever without risking one cent

Your order of the new triple-action *Avoserra-D™* is guaranteed four ways...

- ✓ **GUARANTEE No. 1:** The new *Avoserra-D™* is guaranteed to help end even your worst, most stubborn pain and discomfort by rebuilding and repairing damaged cartilage, fast and forever, starting in just 9 days...or your money back.
- ✓ **GUARANTEE No. 2:** The new *Avoserra-D™* is guaranteed to help reduce your pain and your dependence on NSAID pain pills...or your money back.
- ✓ **GUARANTEE No. 3:** The new *Avoserra-D™* is guaranteed to help reduce pain in your knees, hips, lower back, fingers, joints and even your head...or your money back.
- ✓ **GUARANTEE No. 4:** The new *Avoserra-D™* is guaranteed to give you the highest quality, all-natural pain-soothing ingredients the manufacturer could source in precise, clinically-tested dosages...or your money back.

In fact, if you are not thrilled with the new *Avoserra-D™* or are in anyway dissatisfied, just return any unused and empty bottles within 60 days, and you’ll receive a full, 100% refund of the product price (less shipping and handling). No questions asked. Plus, should you request a refund, all FREE gifts are yours to keep.

Since you don’t risk one cent, why not order the “Best Deal” Super Offer for special savings and FREE Gifts valued at \$96.70?



Extra FREE Gifts with your prompt order!

Order within 7 days and receive two extra **FREE Gifts!**

Extra FREE Gift No 1: A special topical “salve” that gives you instant relief for everyday muscle aches!! (A \$6.95 value, yours FREE)

Order the new *AvoSerra-D* triple-action formula within 7 days, and you'll be rewarded for your promptness. You'll receive a FREE tube of extra-strength *Arnica-80™* valued at \$6.95 as your extra FREE Gift for promptness.

Arnica-80™ is a unique salve made from the mountain plant, arnica, that gives you fast and effective relief for muscle aches, joints and tension. Also, it helps soothe sprains, bruising and swelling.

Just rub a little on—and enjoy *instant* relief. You'll love this all-natural, chemical-free product developed with no animal testing. Plus, it doesn't smell like a locker room or like menthol. It's a perfect companion to *AvoSerra-D*.



FREE

Extra FREE Gift No 2: *The Shocking Inside Story of Knee Replacements* (A \$19.95 value, yours FREE)

Millions of Americans are undergoing knee replacement operations, but at what risk and cost? This exclusive Special Report exposes the dark side of these popular operations you're likely not hearing from doctors. Get the real story—hidden risks, pros and cons, and mistakes people make when having this operation—before you or a loved one decide what to do. Must reading!



FREE

But hurry! You must order within 7 days to get these two extra FREE gifts.

These statements have not been evaluated by the FDA.
This product is not intended to diagnose, treat, cure or prevent any disease.

The choice
is yours!

Three great money-saving offers!

Because such a big demand for the new *Avoserra-D™* is anticipated, its manufacturers have agreed to give you three great money-saving offers. They include...

RECOMMENDED!

1. BEST DEAL—Super Offer!

- Six bottles (a six-month) supply of the new triple-action pain reliever, *Avoserra-D*, at special \$40 savings and the lowest price per bottle.
- Five FREE Special Health Reports, a total value of \$99.75.
- FREE Shipping & Handling, \$6.95 value



That's a grand total of special savings and FREE Gifts of \$146.70!

2. GOOD DEAL!

- Three bottles (a three-month supply) of the new *Avoserra-D™*
- Three FREE Special Health Reports, a total value of \$59.85.
- FREE Shipping & Handling, \$6.95 value



That's a grand total of FREE Gifts valued at \$66.80!

3. Trial Offer!

- One bottle (a 1-month supply) of the new triple-action pain reliever, *Avoserra-D™*
- One FREE Special Health Report, \$19.95 value



It's a breeze to order!

☐ **FASTEST SERVICE!**

Call TOLL FREE 1-800-914-6311

You may call 24 hours a day, 7 days a week.

Please have your credit card ready.

☐ **BY MAIL:** Please clip and mail the Certificate at right to:

Nutri-Health Supplements • 260 Justin Drive
Cottonwood, AZ 86326

Hurry! Don't forget, you can claim two extra FREE Gifts if you order within 7 days!

FREE



RSVP within 7 days for two extra **FREE** Gifts!

Special
Saving
Certificate

Up to seven **FREE** Gifts • Savings of \$40 • Money back guarantee

☒ **Yes, Dr. Clark,** I want to end my most stubborn pain, fast and forever, starting in just 9 days or I get a refund with your 60-day money back guarantee (less S&H). I simply return all empty and unused bottles, and all my Special Reports are mine to keep, no matter what—*guaranteed* with the only natural formula that actually repairs my damaged cartilage, reduces inflammation and nourishes my joints with what they need. I want to be among the first in U.S. to

RECOMMENDED!

☐ **BEST DEAL—Super Offer!** Only **\$199.00!** Save \$40 and lowest price per bottle! Please send me six bottles (a 6 month supply) of *Avoserra-D™*, five **FREE** special health reports, a total value of \$99.75, plus **FREE** shipping & handling.

\$146.70
in savings and
FREE Gifts!

I save a total of \$146.70 on this order alone!

☐ **GOOD DEAL!** Just **\$119.85!** Please send me three bottles (a 3 month supply) of *Avoserra-D™*, three **FREE** special health reports, a total value of \$59.85, plus **FREE** shipping & handling.

\$66.80
in **FREE** Gifts!

I save a total of \$66.80 on this order alone!

☐ **Trial Offer!** Just **\$39.95 + \$6.95** S&H. Please send me one bottle (a 1-month supply) of *Avoserra-D™*, and one **FREE** special report.

A \$19.95
FREE Gift!

☒ **Please check your choice:**

Amount

☐ BEST DEAL Super Offer! 6 bottles (Free Shipping!)	\$199.00
☐ GOOD DEAL! 3 bottles (Free Shipping!)	\$119.85
☐ Trial Offer! 1 bottle plus shipping costs (39.95 + 6.95 S&H)	\$46.90

Please indicate method of payment:

TOTAL \$

☐ My check is enclosed for U.S. \$_____.

(Please make payable to: Nutri-Health Supplements.

AZ residents add 9.35% sales tax.)

☐ Please charge my: ☐  ☐  ☐  ☐ 

Card # _____

Exp. Date _____

Signature: _____

Please print clearly:

Name _____

Address _____

City/State/Zip _____

Phone: () _____

(In case we have a question with your order.)

Email: _____

☐ I'm ordering within 7 days.

Please also rush me a **FREE** tube of *Arnica-80™*, a \$6.95 value, and the **FREE** report, ***The Shocking Inside Story of Knee Replacements***, \$19.95 value.



Nutri-Health Supplements
260 Justin Drive
Cottonwood, AZ 86326
TOLL FREE 1-800-914-6311

Had enough?

- ✓ If natural pain relievers aren't strong enough for you...
- ✓ If glucosamine and chondroitin haven't worked for you...
- ✓ If you have a doubt in your mind that something "natural" can actually relieve your pain...
- ✓ If you're tired of paying for supplements that don't knock out your pain...
- ✓ If you're fearful of the side effects of pain pills...

...then read
this **Special
Bulletin.**

*Guaranteed
to help end
your worst pain,
or you pay
nothing!*

INSIDE,
you'll
discover
the new
discovery
that
actually
repairs the cause of most
pain—now available for
the first time in America!



**BONUS—rated #1 in the world
for pain relief!**

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NEW TO
AMERICA!

Doctor's JOURNAL of *Pain Relief*

Special Edition

Amazing
Illustration
Inside!

Announcing a new medical discovery from Europe
that delivers what no other painkiller can...

The New Secret That Helps End Your Most Stubborn Pain FAST!

- ✓ No more “managing” your pain.
- ✓ No more masking your pain.
- ✓ No more dangerous side effects.
- ✓ No more waiting weeks for relief.
- ✓ No more living with pain.

Leading natural doctor says, “The potential for genuine and complete pain relief is huge—and could help millions of pain sufferers in the U.S.”

Imagine years of...

- Bone-on-bone grinding pain, GONE!
- Near-crippling knee pain, GONE!
- Stiff, balky shoulder pain, GONE!
- Chronic back pain, GONE!
- Everyday aches and pains, GONE!

Impossible? Not with a little-known natural discovery proven to actually *repair* the cause of most pain *and* the only one ranked No. 1 in the world for pain relief.

Once you read about it, you'll be amazed at how simply, yet powerfully, it works.

This stunning discovery has only been available in Europe, that is until now...



Amazing
Illustration
Inside!

Doctor's JOURNAL of *Pain Relief*

Special Edition

Is a doctor's common "blunder" Leaving your back in throbbing pain?

URGENT NEWS if you want relief from...

● Low back pain ● Sharp pain in your back ● Throbbing back aches

**...if you need
soothing
comfort from**

- ✓ Persistent joint pain
- ✓ Pain or tenderness when you walk
- ✓ Joint swelling, stiffness or redness
- ✓ Stiff knees
- ✓ Sore hips
- ✓ Burning or tingling down one leg
- ✓ Rigid fingers
- ✓ Shooting pain when you stand
- ✓ Muscle pain
- ✓ Headache misery
- ✓ "All over" pain

...And if you worry about the side effects of traditional pain relievers

Got back pain? Stiffness in your lower back whenever you move?

Frustrated because pain pills are less and less effective with each dose?

Unsure if you can "trust" natural supplements to ease back pain?

Well, guess what? It's not your fault. Most doctors are giving you the **WRONG** treatment for back pain.

New research reveals that most medical doctors are ignorant in treating back pain and are not trained at all in

alternative pain therapies.

But now, there's something that does work: The new European secret clinically proven to help rebuild damaged cartilage and erase your back pain—*guaranteed!*

**Landmark study rates it
No. 1 "most effective"
natural pain reliever! Now
available in America
for the first time!**

OPEN to be among the first in the U.S. to take this natural pain-relieving phenomenon that's taking Europe by storm...

(continued inside)



Doctor
approved!



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Illustration
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● Low back pain ● Sharp pain in your back ● Throbbing back aches

...if you need soothing comfort from

- ✓ Persistent joint pain
- ✓ Pain or tenderness when you walk
- ✓ Joint swelling, stiffness or redness
- ✓ Stiff knees
- ✓ Sore hips
- ✓ Burning or tingling down one leg
- ✓ Rigid fingers
- ✓ Shooting pain when you stand

- ✓ Muscle pain
- ✓ Headache misery
- ✓ "All over" pain

...And if you worry about the side effects of traditional pain relievers