

**Cardiologist
DEVELOPED!**

Who says you have to grow old?

Fall
2013

Shocking advice from top cardiologist Stephen Sinatra, M.D.,

“Take Two and Call Me When You’re 100”



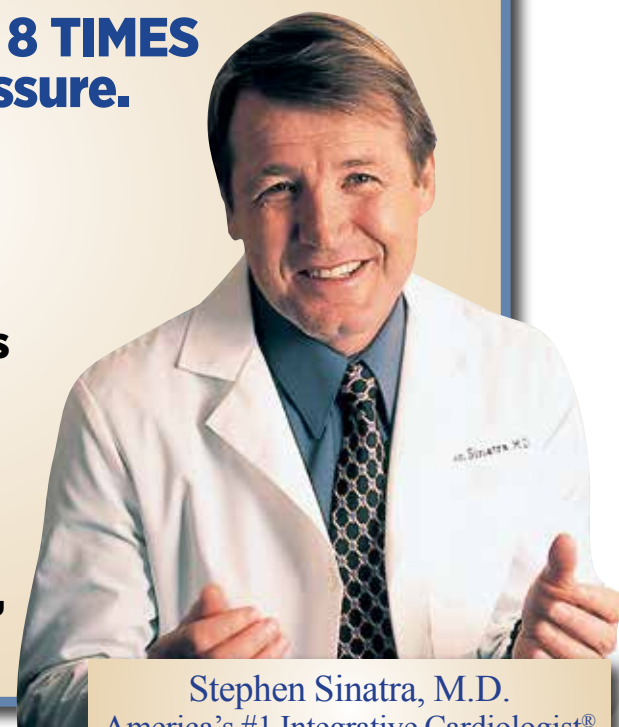
“It takes about 60 seconds and all of a sudden you’ll be SO DARN HEALTHY, you’ll probably outlive every doctor you’ve ever seen!”

“It’s the ONE thing I tell anyone who wants to live a vibrantly healthy life and stay OUT of the crazy, medical system.

“I take it myself because it’s 8 TIMES better for healthy blood pressure.”

Plus, it also provides:

- Healthy cholesterol ratios
- Healthy triglycerides
- Healthy arteries and blood vessels
- A brain that’s sharp as a tack
- Healthy lungs and breathing
- Healthy digestion
- Healthy eyes
- And healthy, young-looking skin.”



Stephen Sinatra, M.D.
America’s #1 Integrative Cardiologist®

Plus: HARVARD scientists discover how to “switch ON” the longevity gene!

In this report:
How a top cardiologist's discovery takes his patients from feeling exhausted, achy, foggy, and feeling OLD to YOUNGER overnight...



Partial Contents:

Blood Flow boosted 62% in just 60 minutes...

A miracle for blood pressure and your heart...*page 15.*



Blood Pressure 113/70!

Plus a surge of youthful energy...*page 6.*

Well-satisfied with Cholesterol!

"Dr. Sinatra...that is the BEST I've ever seen it...*page 16.*



Energy like I had in my thirties!

Finally seeing hope...*page 12.*

The 4 MOST CRITICAL things you must do for your heart...

What Dr. Sinatra tells all his patients and readers...*page 7.*

Why fish oils "STINKS" for your heart...

It's NOT just the fishy "burp," it's something vital to your health...*page 8.*



Omega Q Plus Resveratrol case history...

Archie adores the energy he gets from Omega Q Plus® Resveratrol and says he will take it forever...



The ONLY time Archie feels tired is when he forgets to take it!

"I will be 55 in April...Last year I was able to run 3 half marathons, and 2 full marathons, including San Francisco and New York City, along with a 10K and two 5Ks. A total of 1,600 miles in training, and over 100 miles in marathons."



Awesome energy booster that keeps Archie ahead of kids HALF his age...

"The product has...surprised me as a very good energy booster. I usually take it at noon each day...if I forget my noon dosage...I start feeling tired..."

Cholesterol fantastic, great blood pressure too...

"I have continued to maintain a 175 cholesterol level as well as 135 over 75 blood pressure levels...I plan on always continuing to take this product..."

—Archie E., KY

*Results will vary.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

This softgel is 8 TIMES healthier for your heart, your brain, your eyes, and every cell in your body...

Cardiologist Developed!



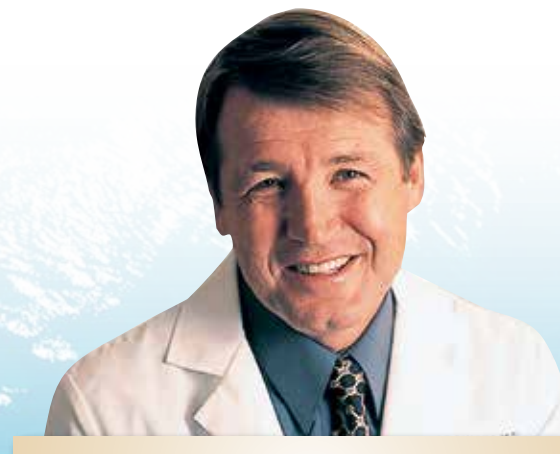
"I created new *Omega Q Plus Resveratrol* so my patients could address the issues of aging almost overnight in a single, easy-to-swallow, *money-saving* dose."

By Stephen Sinatra, M.D., Cardiologist

How many vitamins and supplements are you taking right now? How many *pills* are you struggling to swallow each day?

How's that working out for you? Are you getting the results you want? Are your blood tests *improving*? Is your doctor patting you on the back...or scratching his or her head and reaching for a prescription pad?

I've got a much better idea for you. Just recently, in response to recent research breakthroughs and my patients' desire to get *better results*, take fewer pills—and save a *ton of money*, I created *Omega Q Plus Resveratrol*.



Stephen Sinatra, M.D.
 America's #1 Integrative Cardiologist®

It's ONE supreme supplement that delivers EVERYTHING you need ...

Just grab a glass of water in the morning, take 2 softgels, and you're good to go. You've just given your body virtually *everything* it needs to heal, repair, and *rejuvenate itself* from the inside out. For example...

You get the HEALTHIEST omega-3s known to science...and NO fishy "burp"!

No more *fish oil* for you. Now we know there's something *much* better. It's called *Calamarine*®, and it's bursting with more healthy DHA than any other source on earth. (More about this on page 8 in this report). Best of all, say goodbye to "fish burps" because *Calamarine* does NOT come from fish (or even krill).

You get the world's most bioavailable form of CoQ10: It's 8 times better absorbed...

It's called *Hydro Q-Sorb*® and it passes right through your cellular membranes and feeds your mitochondria—the *fundamental energy furnace of life*. Within *days*, this CoQ10 could double or even *triple* your energy levels! (See page 10 for the amazing FULL story on *Hydro Q-Sorb*!)

You get the world's ONLY pure form of resveratrol that's been proven in HUMAN clinical trials...

The science for resveratrol and its age-fighting powers is utterly astounding. Research suggests it may actually "switch ON" your longevity gene and extend your youth span way *beyond* what nature intended. (See page 12 in this report for the *astounding details*.)

(Continued on page 4...)



It WORKS for you or it's FREE!

Call toll free 1-800-304-2542 today for fastest service and FREE SHIPPING Forever!

Omega Q Plus Resveratrol Case History:

“I noticed improved energy right away & have excellent cardio reports...great product!”

...Continued from page 3

And there's still SO much more...

- You get *L-Carnitine* that helps shuttle fatty acids (fuel) to your mitochondria so they can keep you energized and youthful all day long.
- Plus you get vitamins B6, B12, and *folic acid* to help keep your *homocysteine* levels healthy. In fact, this combination has been shown to be *three times* more effective at promoting normal homocysteine levels. *That's SUPER important for your heart.*



In combination these nutrients help nourish and rejuvenate every cell in your body.

You'll feel an almost immediate surge of energy and then SEE a profound improvement at your next checkup...or it's FREE!

From Dana L., Ohio

“I started taking the *Omega Q Plus* in my early 40s. I noticed improved energy levels right away. I didn't have any health concerns and have excellent blood pressure and cardio reports.”



Dana saved her husband too!

“My husband (was worried about his heart)...

I convinced him to try the *Omega Q Plus*. He now has normal readings... We know this is a great product and very necessary as we are aging.”*

*Results will vary.

8 TIMES More Potent for Your Heart, Your Brain, Your Eyes, and Every Cell in Your Body...

The special CoQ10 used in *Omega Q Plus Resveratrol* has been tested in human trials and it's *8 times better absorbed* by your cells.

That means more “fuel” reaches your body's energy factories (mitochondria). And the *highest* number of mitochondria are concentrated in your *heart, eyes, and brain.*



Not sold in stores • Available nowhere else

Why is *Omega Q Plus Resveratrol* SO fantastic for your blood pressure? It's the secret of DHA...



“Recent clinical trials have revealed that it's *not* enough to just take ordinary omega-3s. You need to find a potent supplement that contains the *perfect* balance of fatty acids, or you're wasting your money.”

By Stephen Sinatra, M.D., Cardiologist

Everyone knows that omega-3s are good for your heart and your whole body. But almost *no one* knows that there are *two* forms of omega fatty acids: EPA (eicosapentaenoic acid) and DHA (docosahexaenoic acid).

They're *both* healthy for you, but as a cardiologist, I feel that DHA is *pure magic*.

DHA is a potent nutrient for your blood pressure, your heart, your eyes, and your brain...

In fact, research has shown that DHA is critical for cognitive development and brain function and helps keep your memory sharp as a tack for life.

Is this the REAL reason the Japanese have such healthy hearts?

Researchers have often wondered why the Japanese have one of the lowest rates on earth for heart problems and they may have finally found the answer: DHA.

You see, the average daily intake of DHA in Japan is *five times* higher than the United States. The more DHA you get, the *healthier* your heart...

The blood-pressure research is utterly astonishing...

In a double-blind, placebo-controlled study conducted at the West Australian Heart Research Institute in Perth, test subjects were given purified supplements of EPA, DHA or a placebo for 6 weeks. *The conclusion?*

The daytime and 24-hour blood pressure readings were FAR healthier in the DHA test group...

Even more significant, the scientists observed that your body can NOT make its own DHA from the EPA in your diet.¹

So the best way to get your DHA is from diet and supplements...and you need to make sure you get a sufficient, clinically tested dosage to see the results you want.

(Continued on page 6...)

Blood pressure and cholesterol now normal

“My BP came down to normal and so did my cholesterol count. My energy level is normal. I have been strongly recommending this product to my friends, family, and told my doctor about it.”*

—Frances P., LA



*Results will vary.

¹ Mori TA, et al. *Hypertension*. 1999;34(2):253–60. Subjects were given 4 g of EPA, DHA, or placebo.

To Try *Omega Q Plus Resveratrol* completely RISK FREE...
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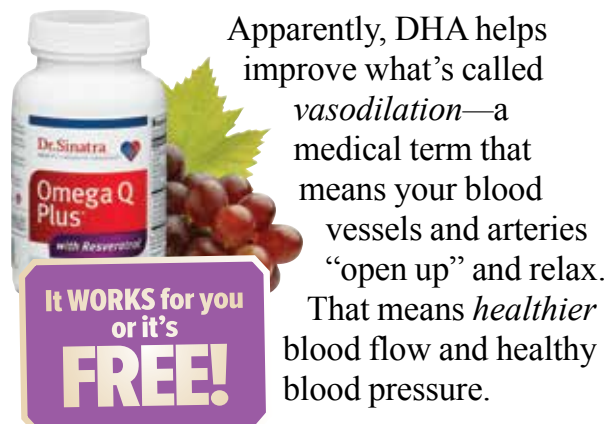


“The DHA in new *Omega Q Plus Resveratrol* is perfect for healthy arteries and blood flow. It helps *signal* your arteries to open wide so your heart doesn’t have to work so hard.”

...Continued from page 5

DHA is also fantastic for blood flow and healthy arteries...

In a separate report on the *same* test subjects, scientists discovered that the DHA group showed amazing improvements in *blood flow* (measured on the forearm).



Apparently, DHA helps improve what’s called *vasodilation*—a medical term that means your blood vessels and arteries “open up” and relax. That means *healthier* blood flow and healthy blood pressure.

Plus, when your arteries are relaxed and healthy, your heart doesn’t have to work so hard.

There’s just ONE big problem with DHA...

Most omega-3 formulas go heavy on the EPA, and add just a pinch of DHA to make you *think* you’re getting an effective dosage. Why? Because EPA is cheaper, and they make more money—while YOU don’t get the benefits you need.

Only Omega Q Plus Resveratrol delivers the dosages and balance you need...

New *Omega Q Plus Resveratrol* delivers both the *DHA and EPA* you need to get the results you want. *It MUST work for you or it's FREE...*

“I took the *Omega Q Plus* for the first seven days and I had a real boost of energy...”

“...my daughter and I keep a check on my BP often; when she checked it, we got a reading of 113/70 and I thought the machine was wrong... I was really excited. I have a lot of energy now...”

Jeri also loved the easy-to-swallow pill with ZERO fishy “burps”!

“The thing I like about *Omega Q Plus* is the easy to swallow pill and there is no fishy aftertaste when it dissolves in your system.”

So she told her daughter all about it! And she’s VERY happy she tried Omega Q Plus Resveratrol RISK FREE...

“I gave my daughter seven days of the product to try; she told me that it gave her a lot of energy and will be ordering...I am a...jazzy mother of five adult children, grandmother of seven, and excited to be living...”*

—Jeri A., TX

*Results will vary.



Great Cholesterol Improvement!

“I ordered *Omega Q Plus* after blood tests showed my cholesterol level to be ‘creeping up.’ After 2 months of taking *Omega Q Plus*, I was retested. My cholesterol levels showed GREAT improvement...”*

—Laura P., CA

*Results will vary.

“As a cardiologist, I know what you need to worry about. That’s why I created *Omega Q Plus Resveratrol*...”

“I know when my patients have been taking *Omega Q Plus Resveratrol* because I see *healthy* blood tests that have my patients (and me) grinning from ear to ear. They never imagined it’s so simple...”

By Stephen Sinatra, M.D., Cardiologist



If you were my patient, I wouldn’t let you walk out the door unless you agreed to make *Omega Q Plus Resveratrol* a part of your daily life. Why? Because

it supports your heart in *four* critical areas I always watch in my patients.

1. It helps keep your blood platelets nice and healthy so blood keeps flowing freely.
2. It supports healthy triglyceride levels...a critical factor in keeping your heart healthy for life.



Omega Q Plus Resveratrol keeps your “plumbing” healthy

1 Helps promote normal blood flow...

2 Supports healthy triglyceride levels

3 Helps keep cholesterol particles larger and SAFER

4 Supports healthy levels of “good” cholesterol

Some doctors ignore this number, but not me...and NOT you.

3. It helps keep your cholesterol particles big and FLUFFY. Why? Because *small* cholesterol particles “stick” and pile up inside your arteries easier—and cause much more trouble. Take it from me, BIG and fluffy is better.

4. It helps support HEALTHY levels of *good* (HDL) cholesterol.

Try it risk free and see for yourself. If you don’t see a BIG improvement in these areas in your next checkup...it’s FREE.

84-year-old square dancer depends on Omega Q Plus...

“I ran out of *Omega Q Plus* and...didn’t have as much energy. At 84, I square dance and round dance just about every day, go to water aerobics classes, and work out at our wellness center 2 or 3 times a week. In the past 2 years, I have been to Spain, Germany, Malta, and 3 cruises to Mexico.”*

—Louise M., IL

*Results will vary.

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and lock in your BEST PRICE!**

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THE TRUTH ABOUT FISH OIL from cardiologist Stephen Sinatra, M.D.

Why fish oil “*stinks*” for your heart, your brain, your blood pressure and cholesterol...



“DHA is *the* most important omega fatty acid. Ordinary fish oil just doesn’t deliver what you need...”

By Stephen Sinatra, M.D., Cardiologist

I used to be a BIG believer in fish oil, but no more. Fish-based oil just doesn’t deliver enough healthy DHA to your system.

Why is that important? Because recent research has revealed that DHA may be the most important fatty acid your body needs for...

- Healthy blood pressure
- Healthy cholesterol
- Healthy triglycerides
- Healthy arteries and blood vessels
- A brain that’s sharp as a tack
- Healthy eyes
- Healthy lungs
- Healthy breathing
- Healthy digestion
- And healthy, young-looking skin.

Ordinary fish oil, and many krill oils deliver mostly EPA because it’s cheaper. Yes, EPA is very healthy for you, but DHA is the real

superstar nutrient you really need.

That’s why we chose *calamari* (deep-sea squid) as the source for our omega fatty acids in new *Omega Q Plus Resveratrol*.

Why *calamari*? They’re quite simply the purest, most sustainable source of DHA and EPA on earth.

Harvested from the pure waters off the coasts of Argentina and the Far East...

Calamarine is a dietary source for omega-3 fatty acids that’s not only *healthier* but completely eco-friendly. Calamari live only 450 days and reproduce in the *millions*—so the stock is not threatened at all.

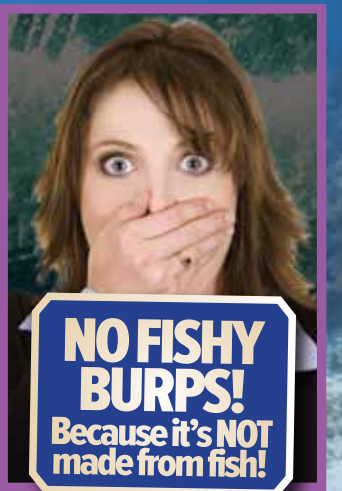
More than 2 million tons of calamari are harvested for food every year. Ninety percent of the catch goes to make calamari rings consumption. *The omega-3s are extracted from the remaining catch.*



The *Calamarine* in *Omega Q Plus Resveratrol* is extracted from deep-sea squid harvested by *hand* without nets—so no dolphins or other species are affected. No factory boats are used.

Calamari are nature’s PERFECT source for healthy omega-3s like DHA

Only *calamari*—deep-sea squid— deliver the correct *balance* of EPA and DHA fatty acids for maximum results. The short life-span of this abundant, renewable resource makes it the perfect source for *Omega Q Plus Resveratrol*...plus there’s *never* that fishy taste or smell you just hate!



Compared to fish oil, Calamarine is more medically potent...

Why? *Because* it’s bursting with far more DHA than any fish oil product. That’s great news for your heart, your blood vessels, your brain and your whole body. It’s also why we use *Calamarine exclusively* in *Omega Q Plus Resveratrol*.

That’s why I recommended it to all my patients—and use it myself *every day*. I encourage you to try it. If you don’t see *visible* results in your next checkup—it’s *free*.



It WORKS for you or it’s **FREE!**



Bursting with NEW ENERGY!

“This is the **BEST** vitamin I have ever taken...”

We asked Linda T. what improvements she noticed since taking *Omega Q Plus*. She told us that she not only had lower blood pressure and low cholesterol, she also reported a surge of energy “right away—2 or 3 days after taking *Omega Q Plus*...I absolutely love it...I strongly believe this is the best vitamin I have ever taken.

“Overall I get more energy. Some days when I have very little sleep and feel tired by 2 or 3 p.m., I just take *Omega Q Plus* and I am ready to go until 9 or 10 p.m., my bed time.” —Linda T., OK

*Results will vary.



To Try *Omega Q Plus Resveratrol* completely **RISK FREE...**
Call toll free 1-800-304-2542 and lock in your BEST PRICE!

Call toll free 1-800-304-2542 today for fastest service and **FREE SHIPPING Forever!**

Omega Q Plus Resveratrol/BREAKTHROUGH:

You're looking at the world's most potent form of CoQ10. It's *8 times easier* to absorb.

That means it's *8 times* better for giving you the kind of all-day energy you had years ago.

By Stephen Sinatra, M.D.,
Cardiologist

Deep inside your cells are tiny "energy factories" called *mitochondria*. And CoQ10 is the *spark* that keeps your mitochondria pumping out the energy you need every day.

And NO part of your body needs more energy than your heart.

But CoQ10 levels decline as you age or take statin drugs...

The problem is that your natural CoQ10 levels decline as you age (or take statin drugs like *Lipitor* or *Crestor*). That

The Mitochondria Miracle

Deep *inside* your cells are tiny energy factories called *mitochondria*. *Hydro Q-Sorb* passes easily through your cell membranes to *feed* these "factories" so your energy levels *skyrocket*...



leaves your energy levels dangerously low—like a campfire that's fading away.

You need to restore your healthy CoQ10 levels to give your heart, and your whole body, the essential energy you need to stay healthy.

The solution is to take supplemental CoQ10, but not just *any* CoQ10 will do. You need to find a form that's *bioidentical* to your natural CoQ10 and *highly* bioavailable. That means it's *better* absorbed by your body.

That leaves *only one* solution: a highly bioavailable form of CoQ10 called *Hydro Q-Sorb*. And it's one of the key ingredients in *Omega Q Plus Resveratrol*.

In *human* trials, patients were given *Hydro Q-Sorb* or regular CoQ10. The conclusion?

Hydro Q-Sorb was *8 times better absorbed* by the test subjects. What does that mean inside your cells *at your mitochondria*?

It's like pouring lighter fluid on a campfire...

Your mitochondria instantly *ignite* and your energy levels soar. As you read the pages of this report, you'll see *time and time again* how our *Omega Q Plus Resveratrol* users report a huge *surge* in energy levels. In fact, that's one of the very *first* things you feel as *Omega Q Plus Resveratrol* fuels your body one cell at a time from the *inside out*.

To Try *Omega Q Plus Resveratrol* completely **RISK FREE...**
Call toll free 1-800-304-2542
and lock in your BEST PRICE!

The *Hydro Q-Sorb* in *Omega Q Plus Resveratrol* is *8 times* more bioavailable to your cells

8X *Omega Q Plus Resveratrol*

1X Ordinary powdered CoQ10



Hydro Q-Sorb is an amazing anti-oxidant and free-radical fighter...

And that's important because as your energy levels soar, you need to neutralize the free radicals that are a by product of increased energy production.

Protects your cells and blood vessels too...

Even *more* important, *Hydro Q-Sorb* helps protect your cell membranes and arterial tissue from damage and even aging.

Hydro Q-Sorb is the only form of CoQ10 I now recommend to my patients...

Look, if you want to keep your heart healthy for life...and keep your energy levels *high*, you need to take CoQ10 regularly—and the *Hydro Q-Sorb* in *Omega Q Plus Resveratrol* is the only form I now recommend to my patients.

Try it yourself and FEEL the energy boost! If you're not thrilled, you pay ZERO. Your *Omega Q Plus Resveratrol* is FREE.

Actual case history...

"My doctor acted very skeptical but was astonished when there was such an improvement..."

"The reason I ordered the *Omega Q Plus* was because I thought it might help...my cholesterol numbers.

"After ...taking two *Omega Q Plus* (softgels) daily, my cholesterol was great when tested three months later."

One year later, his cholesterol was STILL fantastic.

"When re-tested one year later, the level remained. Good cholesterol levels were at good levels, too, and the triglycerides were in the normal range as well."



His doctor was astonished and wrote, "Good Job!" on his chart.

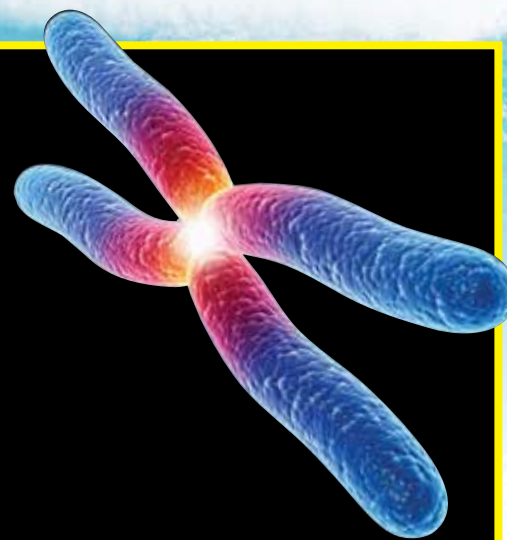
"My doctor acted very skeptical...but was astonished when there was such an improvement in my levels after healthier eating and taking *Omega Q Plus*. I noticed that he had written on my chart, 'Good Job!' and underlined it! But I think that a lot of the credit goes to the *Omega Q Plus*!"*

—Gere M., MO

*Results will vary.

Omega Q Plus Resveratrol BREAKTHROUGH:

Harvard scientists discover a nutrient that “switches ON” your longevity gene and targets the signs of aging throughout your body.....



By adding this nutrient to *Omega Q Plus Resveratrol*, I believe we have created the single greatest anti-aging vitamin ever.

By Stephen Sinatra, M.D.,
Cardiologist

I'm not a believer in *hype*. So when a new “discovery” comes along, I do my best to *prove it wrong* or find the flaw. But when it comes to *resveratrol* extracted from grapes, I almost don't know where to begin telling you about all the exciting new research.

Resveratrol seems to switch ON the genes that extend your lifespan...

Scientists have known for a long time that severe calorie *restriction* actually seems to switch ON the genes that extend your lifespan.

That was a remarkable discovery, but starving yourself just wasn't a practical anti-aging strategy.



So a pioneering group of Harvard scientists decided to see if there was any *other* way to turn ON the longevity gene. They tested *thousands* of substances to no avail. Then, all of a sudden, the longevity gene lit up like Christmas tree. What was the trigger? *Resveratrol*.

Based on this research, manufacturers climbed all over themselves to sell resveratrol to the public...but NOT me.

Why? Because the Harvard study was performed on *lab rats*. And I don't think it's smart to risk your health on a product that hasn't been proven in *human* trials. So I began to search for a form of resveratrol that was proven safe and *effective*.



It WORKS for you
or it's
FREE!

“Energy like I had in my thirties!”

“...I want to go back to the energy I had when I was in my thirties. With the results I have had so far, for the first time in my life I am seeing hope.”*

—Esther C., NC

*Results will vary.

That's when resVida® came along. It's the first, and only pure form of resveratrol studied in human trials...

I reviewed the research myself, and they're all top-notch, cutting-edge studies that were published in peer-reviewed medical journals.

That's the proof I needed. And that's when I decided to add *resVida* to new *Omega Q Plus Resveratrol*. What exactly did the research reveal?

resVida is the ultimate solution for your HEART, Blood Vessels, Brain Cells, Blood Flow, and even healthy Aging itself...

For Your HEART: Preliminary studies suggest that *polyphenols* such as resveratrol inhibit what's called *platelet aggregation*. That's a medical term for “sticky” platelets that cling to artery walls.

For Your Blood Vessels: A human clinical trial demonstrated that a 30 mg dose of *resVida* helped boost blood flow a remarkable 62% in just one hour. (More about *this* breakthrough on page 15 in this report.)

Omega Q Plus Resveratrol delivers the exact *same* dosage (30 mg) used in this clinical trial.

For Healthy Cells and Aging: Polyphenols are believed to keep your cells healthy and young.

For Brainpower and Memory: Preliminary research has demonstrated that *resveratrol* may help reduce *oxidative* stress that can trigger “brain fog.”

(Continued on page 14...)

Medical ALERT

Are YOU betting your future on a resveratrol that's NEVER been tested on humans?

By Stephen Sinatra, M.D.,
Cardiologist

Now that alternative medicine is BIG business, many manufacturers are *combining* every ingredient they can think of—*often with no more evidence than a few animal studies*.

That's just insane. Harvey may be a perfectly respectable lab rat, but it's way too risky to bet your health on a product that's *only* been tested on animals.

The infamous “Elephant Man Trial”

Example: In a London pharmaceutical trial in 2006, scientists injected test subjects with tiny doses of an experimental drug for rheumatoid arthritis. There were ZERO side effects on all the animals tests, so they were confident the test was safe. *But they were SO wrong...*



This is HARVEY. Would you bet your life on Harvey?

Within minutes, the test subjects were writhing on the floor in *agony*.

Apparently, a substance that had suppressed the immune systems of animals *set fire* to the immune system in humans.

One man's head swelled up so severely, the test became known as the “Elephant Man Trial.”

Now I know this is extreme, but the point is clear, you should never risk your health on a supplement that hasn't been *completely* tested in human trials.

The resveratrol in Omega Q Plus has been completely tested and studied in HUMAN trials...

You won't hear this promise from many other companies because they can't legally make this claim!

To Try *Omega Q Plus Resveratrol* completely RISK FREE...
Call toll free 1-800-304-2542 and lock in your BEST PRICE!

...Continued from page 13

For Anti-Aging: Scientists believe that polyphenols like resveratrol help promote normal cell replication.

Why is this important for anti-aging? As you age, the process of cell replication can break down...like making a photocopy of a photocopy. Each time you do it, the results are diminished. It's the same with your cells. The more copies you make...the more they break down and you begin to show the signs of aging.

It's the same with your cells. If your cells are replicating correctly, you stay *younger longer*.

For Your Teeth: Preliminary studies are suggesting that resveratrol may help promote optimal dental health too!

Now you can see why I decided to add *resVida* to *Omega Q Plus*.

The ULTIMATE, one-dose-a-day solution for lifelong health and longevity...

It's the *ultimate* one-dose-a-day solution to staying vibrantly healthy and *young* for life. My patients and readers *love* the convenience, the immediate energy boost, and the amazing numbers they get at their checkup.

If it doesn't do the same for you, or someone you love...it's *FREE*.

71-year-old dance teacher's cholesterol is NORMAL!

"I am a 71-year-old dance teacher, who tried *Omega Q Plus*. My cholesterol is now within the normal range. I also like to keep my joints limber, and I feel that *Omega Q Plus* has also helped me in that aspect."

—Janet S., IL



*Results will vary.

Omega Q Plus Resveratrol Case History:

Judith's blood tests are "excellent" and she *loves* the purity, savings, and convenience...

"Your age is just a number, *Omega Q Plus Resveratrol* targets the signs of aging throughout your body."

—Dr. Stephen Sinatra



"I LOVE Omega Q Plus..."

"I LOVE *Omega Q Plus*. Have been using it for about 2–3 years...Prior to my first order of *Omega Q Plus*, I had been taking all of the ingredients separately, from various sources."

Judith LOVES the fact that she can get better quality AND ONE-pill convenience...

"What attracted me to the *Omega Q Plus* was the purity of your products, the convenience of having all components integrated into one product, and the considerable lower cost."

Her cholesterol (lipids) are "excellent"!

"It changed my life. My lipid panel has been excellent. I am 72 years old, according to my birthday, but consider myself 'ageless' in living my life. Thank you for this outstanding product."*—Judith G., CA

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*Results will vary.

The Omega Q Plus Resveratrol Advantage: Ingredients studied in HUMAN research...

Blood Flow BEFORE

Unlike other formulas, *Omega Q Plus Resveratrol* uses a form of resveratrol proven in human testing. It's called *resVida* and it's the ONLY form recommended by top cardiologist, Stephen Sinatra, M.D.

Blood Flow AFTER

resVida Test Results from the Nutritional Physiology Research Center in Australia

Within 60 minutes, test subjects experienced a stunning 62% increase in healthy blood flow...

By Stephen Sinatra, M.D., Cardiologist

In medical school, when you're training to be a cardiologist, one of the first things you learn is the critical importance of blood flow.

If your blood is just trickling, when it should be flowing like a mighty river, you're in deep trouble. Your heart has to pump harder. Your extremities don't get nearly enough circulation to stay healthy. And your organs can literally wither on the vine.

Please don't let this happen to you...

That's why I was especially delighted to see the latest research on *resVida*, the exact same resveratrol we use in *Omega Q Plus*. In a well-run, clinical trial published in a

major medical journal, test subjects were given different doses of *resVida*. 60 minutes later, their blood flow was measured.²

The results were astounding. The test subjects who took a mere 30 mg of *resVida* boosted their blood flow 62% compared to the placebo.

That's why you get *precisely 30 mg of resVida* in *Omega Q Plus Resveratrol*. If you want to get the same results, you need the *same* resveratrol and the *same* dosage.

That's just another BIG advantage to our exclusive *Omega Q Plus Resveratrol* formula. If it doesn't deliver real results for you, it's FREE.



It WORKS for you or it's FREE!

² Wong RH, et al. *Nutr Metab Cardiovasc Dis.* 2011;21(11):851–6

Perfect blood tests, more energy and healthy blood pressure at last...

"My husband's doctor recommended that we take fish oil, but we were looking for something better...when we got your advertisement in the mail, my husband immediately placed an order..."

Her husband's blood tests were PERFECT

"More energy, feeling good. My husband's blood tests came back perfect...my blood pressure is very good...Being almost 72 years old and my husband, almost 71, we live a very active life."

No brain fog and no fishy burps!

"Our minds are much more clear...There is no burping fish taste with this product...I believe your supplements are very pure and reliable."*

—Wil W., OR

*Results will vary.



Omega Q Plus Resveratrol Case History:

“Dr. Sinatra, my cholesterol was the best I’ve ever seen it!”

“I have tried a *long* time with my cholesterol... I am well-satisfied!”

“Dr. Sinatra, all I can say is thank you very much for the *Omega Q Plus*. I feel much better now...”

Now he gets ALL the help he needs from ONE convenient supplement...

“I have tried many, many other products but this is what I needed.”*

—William L., TN



*Results will vary.

“Better energy...I know inside good things are happening...”

“When I took the *Omega Q Plus*, I had better energy and an overall sense of well-being. When that happens I know inside that good things are happening, and any time one has more energy, the body can look, feel and perform better. That’s what folks are after, at least I am.”*

—Michael W., CA

“I am now on my SECOND order of *Omega Q Plus*...”

“I noticed a definite increase in my energy level...I’ve increased the distance of my daily walks, and my stamina seems to be returning. I feel more like my old self. I plan on continuing my use of *Omega Q Plus*...”*

—Jack J., TX

“I feel so good, just like when I was young!”

“Since I have been taking *Omega Q Plus* I feel so good, just like when I was young. I can’t imagine going without them.”*

—Rae W., WA

“Within a week I began to have more energy!”

“I am an 85-year-old WWII veteran. I kept trying various brands of vitamins. Finally, I started taking *Omega Q Plus* and within a week I began to have more energy and felt more alive. Aches and pains started going away. I shall continue to take *Omega Q Plus* every day to give me vitality.”*

—Harold S., PA

*Results will vary.

“Are you taking *Lipitor, Crestor, Vytorin, Pravachol, or Mevacor*?”

“If you take *any* statins, you need to take *Omega Q Plus Resveratrol* at the same time—here’s *why*...”

By Stephen Sinatra, M.D., Cardiologist

If you were my patient and I felt that you needed to take a statin drug for your cholesterol, I’d *insist* that you take *Omega Q Plus Resveratrol* at the same time. Why? Because...

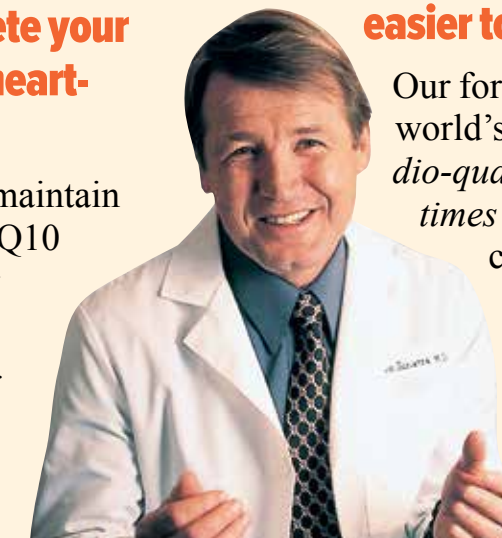
Statin drugs deplete your body’s supply of heart-healthy CoQ10...

It’s *critical* that you maintain a healthy level of CoQ10 to supply the cellular energy your heart needs to stay healthy. This is SO important, in fact, many drug companies are

investigating *combining* statins and CoQ10 in a single pill. Until that happens, there’s not a *single* statin patient that shouldn’t be taking *Omega Q Plus Resveratrol*.

Our advanced CoQ10 is 8 times easier to absorb.

Our formula includes the world’s most advanced *car-dio-quality* CoQ10 that’s *eight times* better absorbed by your cells. That way you can be sure you’re getting the CoQ10 you need to offset the depletion of your statin drug. And there’s *more*...



Statin drugs supply ZERO omega-3s too...

So you need to get your omega-3s (especially DHA) from *Omega Q Plus Resveratrol*. Our balanced formula is the absolute *perfect* companion to your statin drug therapy.

Try it yourself and see. I promise you’ll never risk a single penny. You (and your doctor) must love it, or it’s FREE.



It WORKS for you or it’s FREE!

I get it ALL in 2 Softgels!

“I don’t have to take several other pills...I get it all in 2 (softgels)...”

—Shirley K., MI

Amazing Energy!

“It really does give you good energy...Good stuff!”*

—Raevonne R., AL

*Results will vary.

Omega Q Plus Resveratrol BREAKTHROUGH:

Why spend a fortune for ordinary CoQ10, when you can get the *best* for FREE?

FACT: *Omega Q Plus Resveratrol* saves you over \$938 a year because it's so concentrated and *complete*! It's like getting a year's worth of CoQ10 for FREE. Plus you enjoy the convenience of replacing a *dozen* daily vitamins with a *single, easy to swallow dose*.



Would you rather gag on THIS every day and throw away \$938?



Or would you prefer to get the best ingredients in a single dose and pocket an extra \$938 CASH?



If you bought ALL these supplements separately, you'd spend an extra \$938!

<u>Ingredient:</u>	<u>Cost Per Month</u>
High-DHA Calamarine Omega-3s	\$21.51
Highly Absorbable CoQ10.....	\$25.99
resVida Resveratrol.....	\$28.49
L-Carnitine Fumarate.....	\$19.99
Folic Acid, Vitamin B6, Vitamin B12	\$8.87
Total if bought <i>separately</i>	\$104.85
<i>Cost of Omega Q Plus Resveratrol</i>	
Best Savings on  AutoDelivery	\$26.66

Your monthly savings..... \$78.19
Your Annual Savings..... \$938.28

To Try Omega Q Plus Resveratrol completely RISK FREE...
Call toll free 1-800-304-2542
and lock in your BEST PRICE!

“Wow!!! My blood pressure is now constantly in the 120/70 range...”



Much LESS knee pain, better mobility.

“I started taking the *Omega Q Plus* because I had so much knee pain.
“I... have less pain in my knees and legs and was able to move easier... I felt better and had more energy than before. My cholesterol also dropped. I am able to go up and down stairs... No chair lift for me... I would recommend this product...”
—Rachel W., GA

*Results will vary.

“Boy was I surprised and so was my wallet. *Omega Q Plus* works better; it's that simple...”

“I did not expect your product to work better, I just liked the idea of only having to take two softgels to replace five supplements I was already buying.”

Better results, extra convenience, better digestion...and BIG savings

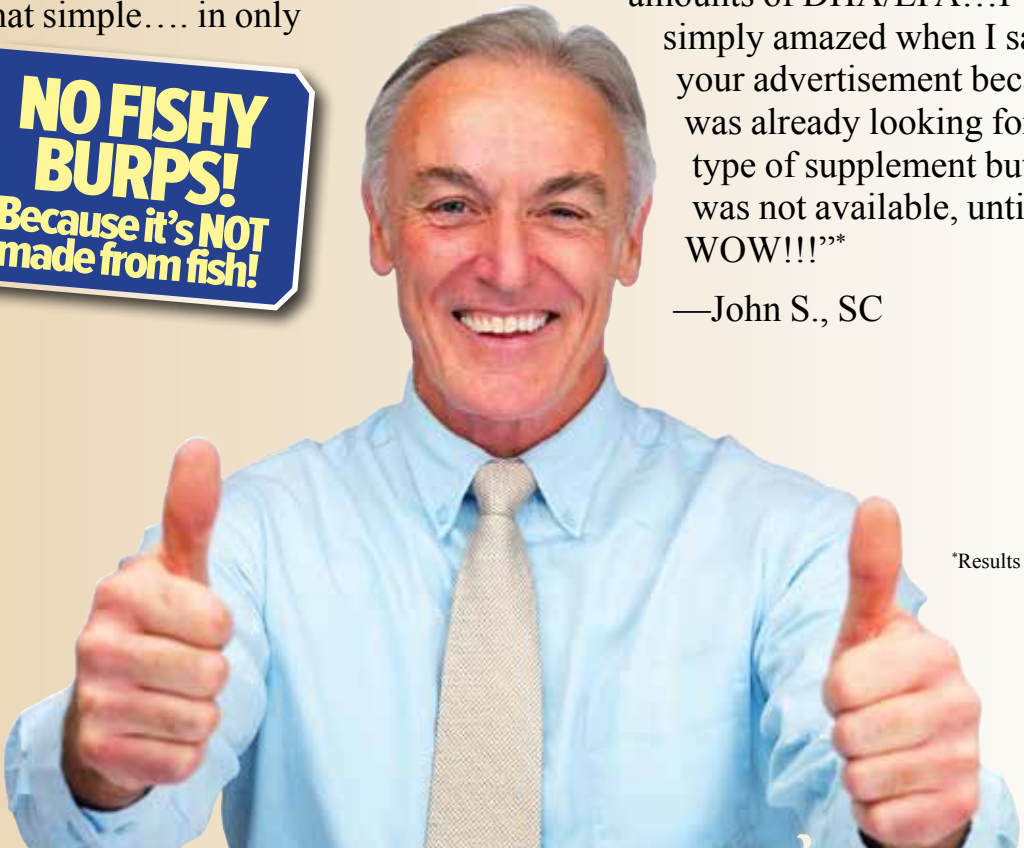
“Boy was I surprised and so was my wallet. *Omega Q Plus* works better; it's that simple.... in only

2 weeks of using *Omega Q Plus*, I have had more energy, as well as a dramatic improvement in my colon and intestinal health.”

Fantastic blood pressure readings...

“My blood pressure is now constantly in 120/70 range. I already knew based on my own personal research that most fish oils did not provide significant amounts of DHA/EPA... I was simply amazed when I saw your advertisement because I was already looking for this type of supplement but it was not available, until now WOW!!!”
—John S., SC

NO FISHY BURPS!
Because it's NOT made from fish!



*Results will vary.

You get 2 FREE BONUS GIFTS plus Dr. Sinatra's PERSONAL promise:

“You must feel an electric surge of energy in the first 7 days, then have your BEST checkup ever or it's FREE.”

“I promise you don't risk a single penny when you try new *Omega Q Plus Resveratrol*. Plus you'll also receive FREE gifts...”

By Stephen Sinatra M.D., Cardiologist:

Let me say this as simply as I can: I don't believe you should pay a single penny for a supplement unless you're positively *thrilled* with the results. And I'm not talking about some abstract “I-think-I-feel-a-bit-better” improvement.

I'm talking about a *profound*, positive improvement that you feel within 7 days... and I'm talking about a *measurable* improvement you can see in your next checkup.

So once you try *Omega Q Plus Resveratrol*, here's what I want you to look out for...

- ALL-DAY ENERGY like you had 20 years ago
- Your BEST blood pressure numbers ever
- Your BEST cholesterol numbers ever
- Your BEST triglycerides ever

- Plus fantastic brainpower, healthy skin, and better health for your colon, your eyes, your gums and more

I want you and your doctor to say WOW! or you pay ZERO...

And you get to keep ALL your FREE GIFTS including...

FREE GIFT #1:
Do-It-Yourself
Heart & Artery
Repair Program

Dr. Stephen Sinatra is one of America's most recognized and respected cardiologists. He has an almost legendary reputation in the medical world. *What are his secrets?* What do people hear when they sit down with this remarkable healer? *That's exactly what you'll find out in your free guide.* Just look what you'll discover...

■ **The #1 MOST EFFECTIVE DIET for your heart...and it's filled with FAT.** It's filled with food choices you never dreamed were healthy for you—and your heart. Page 2

■ **Why chocolate is GOOD for your blood pressure!** But not just any chocolate. You need to buy the best-tasting, gourmet chocolates on Earth! Now that's a health secret you can live with! Page 3

■ **The heart-healthy SUPERFOOD that lets Polynesian Islanders feast on fat...with almost NO ill effects.** Now we know it's a tonic for your heart...and it's available everywhere. BONUS: *It tastes fabulous.* Page 6

■ **The 6,000-year-old remedy for inflammation now proven by science!** This ancient healer helps heal the cellular inflammation that can wreak havoc on your health. Page 7

■ **Why it's MUCH better to walk than run for exercise.** It's more pleasant, less sweaty, and actually proven to help your heart in ways that running never can! Page 10

FREE Early Bird Bonus:
Dr. Sinatra's No-Diet,
High-Speed Weight-
Loss Program

Dr. Sinatra's exclusive program has been hospital tested and *proven effective* to help you lose a LOT of weight without *ever* feeling denied. You'll discover why you must eat MORE food to lose MORE weight. Why fat is NOT your enemy. How to burn calories faster than you can consume them. Plus how to *keep the pounds OFF once and for all.*



Dr. Sinatra's
No-Diet,
High-Speed
Weight-Loss
Program

\$19.99
Value!



To Try *Omega Q Plus Resveratrol* completely RISK FREE...

Call toll free 1-800-304-2542
and lock in your BEST PRICE!



Stephen Sinatra, M.D.
America's #1 Integrative Cardiologist®

SPECIAL OFFER!

**Lock in your lowest, rock-bottom price—
and never pay for shipping!**

Save 33%! Just \$26.66 per month!

Choose to have *Omega Q Plus Resveratrol* automatically sent to you every three months. It's called **AutoDelivery**, the convenient way to erase years of aging and enjoy healthy blood pressure, cholesterol, brainpower, vision, and nonstop energy for life—and lock in the lowest price forever!

Every 3 months, just before running out of *Omega Q Plus Resveratrol*, you'll receive a new 3-month supply and your credit card will be charged. (You can cancel at any time and adjust your supply length to what works best for you.) The price will never go up and you'll get FREE shipping, as long as you're on AutoDelivery.



“I like the constant attention, response, and convenience of automatic delivery.”

—Marjorie Gatheral

Omega Q Plus Resveratrol Case History:

Rena and Duane are now ready to chase their 2-year-old grandson around the yard!

They feel SO fantastic, they don't need to take any other vitamin now!

“Both my husband and I have had low energy and have taken a very good vitamin for years but now we don't require the vitamin.”

Rena no longer needs cod liver oil for her knee pain...

“I have taken cod liver oil for my joints, I am not taking the oil any more because the *Omega Q Plus* seems to be keeping my knees free of pain.”

Duane's hands are now pain-free and flexible...

“We live in the north and come fall when the cold weather comes, my husband complains of cold, stiff, aching hands, this year he didn't notice that. I think we started taking this in September.

“I believe we will be able to keep up with our 2-year-old grandson this year. Thank you again for *Omega Q Plus*.”*

—Rena and Duane N., MT

*Results will vary.

**Enjoy Benefits You Can Feel
From Head to Toe...
GUARANTEED!**

Dr. Sinatra's *Omega Q Plus Resveratrol* is a true scientific breakthrough.

Hundreds of thousands are experiencing dramatic improvements in their quality of life, and you can too.

- | | |
|-------------------------------|--|
| ■ Healthy blood pressure | ■ Healthy immune system |
| ■ Increased energy | ■ Reduced inflammation |
| ■ Balanced cholesterol levels | ■ Youthful skin |
| ■ Low homocysteine | ■ Great antioxidant protection |
| ■ Better triglycerides | ■ Plus...support for lungs, eyes, colon, and more! |
| ■ Improved circulation | |
| ■ Enhanced mental clarity | |

Feel the Difference for Yourself...Guaranteed.

Call toll free 1-800-304-2542 today for fastest service and FREE SHIPPING Forever!

Lock in your Best Savings & Get FREE Shipping Forever!

You'll save 33%!
Only \$26.66 per month, FOREVER
with **FREE**  **AutoDelivery**

- Your **LOWEST** price per month—best price ever!
- Lock in the lowest price **FOREVER!**
- Save 33%
- **FREE SHIPPING FOREVER**, guaranteed!
- No worries about re-ordering, and you control the schedule!
- You'll never run out of **Omega Q Plus Resveratrol!**
- **FREE Early Bird Bonus** when you reply within 7 days!
- **FREE Do-It-Yourself Heart & Artery Repair!**
- Great checkup guaranteed—or it's **FREE!**
- **Total Savings \$187.93 a year!**
- **PLUS \$39.98 in FREE gifts**



FREE GIFTS!

FREE Shipping Forever!

3-Month Great Deal!

- **Only \$29.99 per month!**
- **FREE Shipping!**
- **FREE Early Bird Bonus** when you reply within 7 days!
- **FREE, Do-It-Yourself Heart & Artery Repair**
- **Great checkup guaranteed—or it's FREE!**
- **Total Savings \$147.93 a year!**
- **PLUS \$39.98 in FREE gifts**

Free Shipping!

FREE GIFTS!



Single-Month Trial!

- **Only \$39.99 per month!**
- **FREE Shipping!**
- **FREE Early Bird Bonus** when you reply within 7 days!
- **You save \$6.99 in shipping**

FREE GIFT!



Free Shipping!

Your Unconditional... **ZERO-RISK GUARANTEE:**

Omega Q Plus Resveratrol must do all this for you—or you pay nothing...

- 1. An Electric Surge of Energy GUARANTEED within 7 days.** No jitters. No power failures. Just steady energy all day long. If you don't feel it, we'll refund every penny you paid.
- 2. Your BEST Cholesterol Checkup GUARANTEED.** Your doctor and you must be delighted or you pay nothing.
- 3. Your BEST Blood Pressure Checkup GUARANTEED.** You'll know the second they remove the cuff and the nurse says, "Wow!"

4. Your BEST Triglyceride Checkup GUARANTEED.

Triglycerides are a major "indicator" of trouble ahead. Your doctor will be thrilled with your test results!

5. PLUS healthy skin, brainpower, lung function, colon, immunity, eyes, and MORE.

6. A Whole NEW, Positive Outlook on Life. Suddenly, you'll feel like you're "back in the game" — ready to try new things and new adventures.

If you feel anything less than satisfied with *Omega Q Plus Resveratrol*, simply return the product within 90 days for a full refund. (AutoDelivery customers can stop or change deliveries at any time.) Plus, keep your free gifts. No questions asked.

Stephen Sinatra M.D.

Not sold in stores • Available nowhere else

Zero-Risk Trial Certificate

It's like getting a year's worth of CoQ10 free!

Hurry! Call Toll Free 1-800-304-2542 TODAY!



YES, Dr. Sinatra! I want to heal, repair and rejuvenate every last cell in my body...and live a vibrantly healthy life. So I'll give *Omega Q Plus Resveratrol* a zero-risk trial for my blood pressure, cholesterol, circulation, brainpower, immunity, joints, mood, energy levels and more. If I don't feel a huge energy boost in 7 days... and don't see a BIG improvement in my next checkup, I pay nothing. I'll get a full refund no questions asked. The FREE GIFTS are mine to keep no matter what.

Please check appropriate boxes below:

☐ **Best Offer: Lock in your Lowest Price of \$26.66 per month with AutoDelivery.** I'll try a three-month supply of *Omega Q Plus Resveratrol* for only ~~\$119.97~~ \$79.98. Every three months, just before I run out, I'll receive a new three-month supply and my credit card will be charged (I can cancel at any time). The price will never go up as long as I'm on AutoDelivery. With my first order, I also get a FREE Gift— *Do-It-Yourself Heart & Artery Repair* and FREE SHIPPING forever. Item #: YEA31E

☐ **3-Month GREAT DEAL:** Send me a three-month supply of *Omega Q Plus Resveratrol* for only ~~\$119.97~~ **\$89.98**. I'll get a FREE Gift and FREE SHIPPING. I'm still covered by the 100% money-back guarantee. Item #: YEA31

☐ **Single-Month Trial:** Send me a one-month supply of *Omega Q Plus Resveratrol* for only \$39.99. I'll get a FREE gift and FREE SHIPPING and I'm covered by the 100% money-back guarantee. Item #: YEA11

METHOD OF PAYMENT:

I prefer to use my: ☐  ☐  ☐  ☐   AutoDelivery requires a credit card

Card #: _____ Exp. _____ / _____

Signature _____ (for credit or debit card orders only)

Phone: (_____) _____ (optional, in case we have a question about your order)

☐ Check or Money Order (payable to Healthy Directions, IN residents add 7%, KY residents add 6%, NC residents add 6.75% sales tax.) **AutoDelivery requires a credit card.** No need to write your name and address! Just check the back cover to see if your name and address is correct. If not, please correct and mail in the envelope provided to: Stephen Sinatra, M.D., 95 Old Shoals Rd., Arden, NC 28704. Thank you!

☐ Yes, I want even more benefits from Dr. Sinatra and Healthy Directions! Sign me up for the FREE health eNews that will give me the latest health breakthroughs and discoveries to help me and my loved ones stay active, energetic and feeling great.

My email address is: _____

For fastest delivery and free shipping of *Omega Q Plus Resveratrol*, call toll free:

1-800-304-2542

24 hours a day, seven days a week.

Our friendly, U.S. operators can answer your questions and help you SAVE even more!



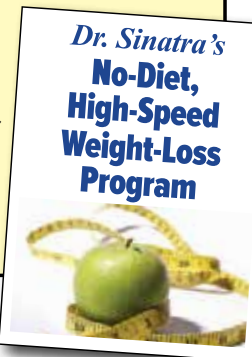
Prices valid through January 4, 2014

May not be combined with any other offers.



FREE SHIPPING!

☐ **FREE Early Bird Bonus!** I'm replying within 7 days, please rush my extra Free Bonus Report: **Dr. Sinatra's No-Diet, High-Speed Weight-Loss Program.**



Stephen Sinatra, M.D.
95 Old Shoals Rd.
Arden, NC 28704

Limited-time offer. Order Today!

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DOCTORS'
PREFERRED, LLC

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SERVICE CODE:



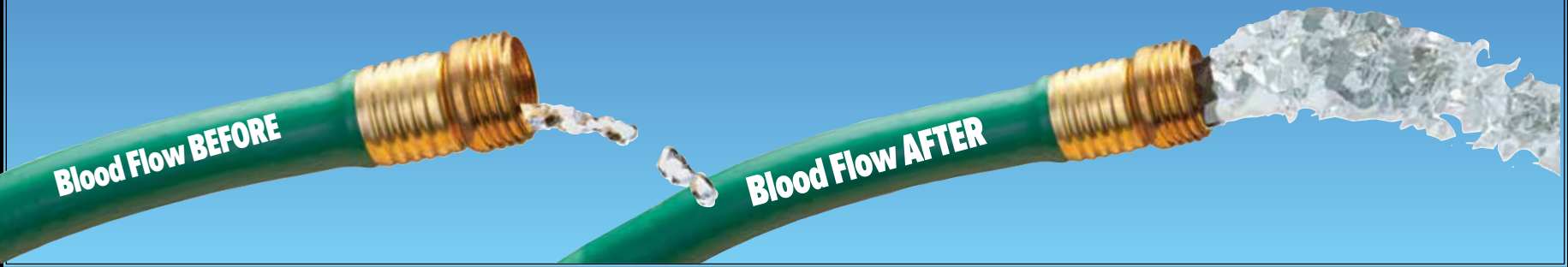
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Healing Power You NEVER Knew Existed

From Stephen Sinatra, M.D., Cardiologist...

The breakthrough that boosted blood flow a stunning 62% in just 60 minutes, like this. Page 15 inside.

**Cardiologist
DEVELOPED!**



**Result: FANTASTIC CHOLESTEROL...
GREAT BLOOD PRESSURE...**

Archie used this breakthrough and now enjoys fantastic cholesterol and great blood pressure. He also has SO much energy, he's now run 1,600 MILES!
See page 2 inside this report!

**Result: GOOD BLOOD TESTS, MORE ENERGY,
AND HEALTHY BLOOD PRESSURE!**

See how a loving wife saved her husband by finding something BETTER than fish oil. Plus there's no more fishy burp!
See page 15 inside.

