

Correction chief denies ordering inmate release

GOLDSBORO (AP) — The chief of North Carolina's prison system testified Wednesday he never ordered the release of inmates who were covered by a 1974 law that put an 80-year limit on a life sentence.

Alvin Keller, the state's secretary of correction, testified Wednesday that he thought there was a possibility that a group of inmates sentenced under a 1970s law might be

released after state courts agreed that the sentences would not last a person's entire life. But he contended that he never said they would be released.

"I never ordered the release of anybody," Keller said.

An attorney for inmate Alford Jones tried to show that state officials believed that about two dozen lifers would be released because of sentence-reduction credits. Gov. Beverly Per-

due initially said that the state was being "forced" to release the prisoners, and she released a list of inmates who knocked enough time off their sentences to earn immediate freedom. Correction officials meanwhile scrambled to find community connections and identify places for the prisoners to live.

The state now argues that the inmates should have never received cred-

its to reduce their sentences.

Jones, a convicted murderer, appeared in the Wayne County courtroom Wednesday in just one of what could become a series of legal battles spanning the state. Another inmate, William Folston, went before a judge in Shelby last week.

A third, Faye Brown, is scheduled to appear in a Raleigh court on Friday.

Perdue probes buys from company linked to Rand

RALEIGH (AP)—North Carolina Gov. Beverly Perdue has asked the state Transportation Department to look into its purchases of costly surveillance equipment from a security company headed by a powerful politician.

Multiple media outlets reported Wednesday that Perdue said the purchases by the Division of Motor Vehicles and other state agencies were being reviewed. She said the results would be made public.

At least four state agencies have bought nearly \$200,000 in equipment from Law Enforcement Associates since 2003, when state Sen. Tony Rand became the company's board chairman.

The Fayetteville Democrat is stepping down as Senate majority leader to become Perdue's parole chief.

DMV bought more than \$64,000 in gear from LEA without seeking competitive bids.

New ethics rules on tap

RALEIGH (AP) — New ethics rules are ahead for members of North Carolina's state boards and commissions.

Gov. Beverly Perdue prepared to sign Wednesday executive orders her office says will strengthen ethics requirements for the panels.

Executive orders usually apply to employees whose offices are under control of or people appointed directly by the governor.

A Democratic consultant and critic of former Gov. Mike Easley called on Perdue to remove former Easley aide Ruffin Poole from the Golden LEAF Foundation board. Poole attempted to block a subpoena from the State Board of Elections

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to testify at a hearing on Easley's campaign finances.

Poole resigned Tuesday just ahead of Perdue's action.

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750-Year-Old European Health Discovery Ends Heartburn, Gas Pains, Indigestion, Even Allergies

"Immediate effect," say users of digestion-repairing miracle

LOS ANGELES, CALIFORNIA — Natasha Trenev's ancestors have known about this ancient health discovery for more than 750 years.

Centuries before Nobel prize winning biologist, Elie Metchnikoff made the startling connection between sickness and poisons produced inside the body, the disease-killing power of cultured bacteria was old news to Natasha's family.

For generations, her family supplied health-minded members of royalty and society, including the royal court of King Peter II of Yugoslavia, with the digestive-restoring benefits of Europe's finest yogurt.

So when Natasha, one of the world's foremost experts on probiotics — the friendly bacteria that live and work inside the human body — developed a high-tech digestion formula based on this 750-year-old health secret, no one was really surprised.

Her formula, Healthy Trinity, is known to relieve almost every known digestive complaint, and is so fast-acting that a single capsule can often relieve heartburn, gas pains, indigestion, and even dampen the debilitating effects of allergies.



Natasha Trenev during a radio interview

For individuals who suffer with chronic pain, this daily digestion pill may be the safe and natural solution they've been seeking.

Revitalizes Digestion

For 12 years, Todd N. of California suffered daily with a lower abdomen disorder that caused severe

cramps, nausea, and vomiting.

Because his discomfort typically began at night, he assumed it was related to something he had eaten for dinner.

So he began the long process of elimination. "I first eliminated beef," says Todd. "Then I nixed spicy foods, any food that contained tomato sauce, green salads, fish, and so on."

It soon became evident that Todd's system was not tolerating food, period. More doctor visits brought a range of diagnoses, including cancer, ulcers, stress, even hypochondria.

And then one day, during a conversation with a co-worker, Todd discovered that this workmate suffered from the same problem, and had found relief with a product named Healthy Trinity.

Enjoys Food Again

Todd immediately began taking Natasha's pharmaceutical-quality probiotics, and his world changed for the better.

"The change occurred immediately! The very first night, I was better!" says Todd. "I can eat most any food now without any ill effect!"

Famous Tennis Star

When former British tennis champion John Lloyd was at his peak on court, he was suffering from a health problem much like Todd's. It was a condition that afflicted him for over 20 years.

Says Lloyd, "I remember lying on a bed in a Florida clinic with the pain from yet another stomach spasm, and thinking, here I am, only 27 years old, at the peak of my fitness and my career, suffering with stomach cramps every day!"

John made repeated trips to doctors, tried food elimination, and even an endoscopy, only to be told that there was nothing physically wrong with him.

"That was a low point," says John. "I really felt as if I was stuck with this horrible condition for the



Nobel Prize-winning doctor stumbled upon age-old health miracle while investigating long lifespans of villagers like these in the Bulgarian mountains.

rest of my life."

This was when, "...a minor miracle happened."

At a cocktail party in Los Angeles he overheard people talking about this natural pill that helped people with stomach problems. So, he decided to "...go ahead and try it," a decision that was life-changing for him.

Natasha's formula worked quickly. "It was amazing," says John.

"I couldn't quite believe it. I began to enjoy eating again and look forward to going out for dinner - something I hadn't been able to properly enjoy for many years."

The Secret

The secret to Natasha's formula? "Stickers," she smiles referring to the hand-picked, fast-colonizing probiotic strains in her formula.

"I selected strains that are especially tough and hard to kill, ones that provide full coverage of the entire digestive tract so whatever or wherever your discomfort, my formula can help," Natasha says.

"The 'big three' in Healthy Trinity are *L. acidophilus*, a NAS super strain that helps regulate the small intestine, *B. bifidum*, a Malyoth super strain that polices the large intestine, and *L. bulgaricus* LB-51, a super strain that regulates the neglected transient flora in the gut."

Trenev protected her gastric warriors with a revolutionary, micro-erobing delivery system of sunflower oil and vitamin E.

"This ensures optimum absorption," says Natasha, "by keeping the bacteria separate, noncompetitive and well-protected from destructive gastric juices."

Best of 2008

While Natasha's daily formula has developed a loyal following among doctors and consumers, alike, it's also drawn attention from her peers.

Better Nutrition magazine recently presented Healthy Trinity with the 2008 Best of Supplements Award.

Reflux Relief

For ten years, Rita C. of Ohio spent a small fortune on prescription medicines for esophageal reflux and colitis. Nothing seemed to work.

She heard about Healthy Trinity on a radio show.

"From the first day I took it," says an excited Rita. "I have not had any symptoms of reflux, and I can eat just about anything I want!"

Like others who have used Trenev's digestion-restoring sensation, Rita experienced other health changes.

"My complexion improved, and I was becoming more regular. I liked that."

Rita bought a bottle for her 75-year-old mother who has suffered from diverticulitis for years and has had most of her colon removed.

"Her condition was such that her bowel movements were like water," says Rita.

Almost immediately, she reported less acid indigestion. Four weeks later, Rita received a memorable phone call.

Surprising Phone Call

"My mom called and told me that for the first time in 20 years, she was finally having normal bowel movements!"

Rita's mom also confessed that she had become incontinent in the recent months, and that condition was gone, too.

Lynn K. of San Francisco suffered with searing heartburn for 34 years. His wife, a nurse anesthetist, was concerned that he could contract esophageal cancer, a very real risk for long-time heartburn sufferers. So she purchased Healthy Trinity for her husband.



Before the first bottle was finished, Lynn wrote, "They work! I'm 61-years-old, and for the first time in my life, I can eat what I want without worrying about the pain and discomfort of heartburn!"

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For a limited time, as a reader of this paper, you can purchase Healthy Trinity risk-free, and receive a FREE bonus gift — a one-month supply of Healthy Trinity at no charge to you, along with FREE refrigerated shipping, a \$20 value! Plus, the first 100 callers will receive a FREE copy of Natasha's book, *The Power of Probiotics* (\$19.95 value) with the order.

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