

Important Digestive Health Alert

FDA Warnings May Have Saved My Life!

Startling revelation on possible dangers of antacids in treating stomach woes and indigestion

By Maureen Reynolds

I am no medical expert. Far from it. Just a regular, busy Mom of four who was miserable for many years with awful, painful stomach issues. Sometimes, I would eat and feel like I was lit on fire. I would start choking, I couldn't swallow properly, I'd break into a cold sweat and then vomit. At those times, I thought that I would never be able to enjoy a meal again.

Last year I broke my wrist, I'm not an old person, I'm 56 and thought I was in decent shape. My Mom, who is in assisted living, also recently suffered from a broken hip. I am still paying the medical bills from all of it. I thought our family was just prone to these fractures until I read an article that stopped me dead in my tracks. It talked about a recent **FDA warning that said if you take certain antacids like Prilosec®, Nexium®, Prevacid®, Dexilant®, Zegerid®, Protonix®, Aciphex®, Vimovo®, Prilosec OTC®, Zegerid OTC®, and Prevacid 24HR® that there was an increased risk of hip, bone and spinal fractures.**† It also said that these medications were not meant to be taken for more than one year for prescription, and for over-the-counter versions (OTC), no more than three 14 continuous day treatments per year unless instructed by a physician.† I almost fainted when I read this because my Mom and I both had been taking them daily for years, but I now understand about what might have happened to us and can't tell you how upset and victimized I now feel.

I went to my Doctor to find out more. He explained to me that massive studies showed these

antacids caused side effects including fractures, seizures, bacterial infections, and much more to those taking them, that users must be warned. We are talking about drugs that you hear advertised every day all over TV.

Thank God I saw the FDA warning. I never would have known certain antacids could be so bad for me!

He also explained that they shut down the production of stomach acid, which our bodies need to absorb nutrition and control harmful bacteria. I asked if there was anything else that I could try without the negative side effects. He told me that I might not need a drug at all!

A better alternative is an all natural solution that promotes healthy digestion called **AloeCure®**, which actually uses pure Aloe Vera to balance stomach acid and has no known side effects.

I wondered how something natural could be strong and powerful, but I was desperate, so I hoped and prayed this was the answer.

I also discovered that there are tales in the Bible of a healing Aloe Vera plant. And that gave me comfort, as I believe that the miraculous powers of natural substances can be even more powerful than some of these chemicals.



Maureen Reynolds: **AloeCure®** Advocate

I also gave some to my Mom who is thrilled with the results. I wanted to share my story with other people, so they can experience the relief that I have and not have to suffer the way my Mom and I did. So if you don't believe me, just try **AloeCure®** for yourself. It is truly a miracle.

Powerful, fast-acting, all natural **AloeCure®** is available to readers of this publication. There are a limited number of free bottles and bonus gifts and our phone operators are standing by.

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HealthSmart
Advice from **THE DOCTORS**

Dry eyes: Don't live in fear of no more tears

YOUR MORNING coffee puts a little pep in your step, but could the contents of that cup keep your eyes healthy, too? According to a study published in the journal *Ophthalmology*, caffeine can significantly increase tear production, which could make it a treatment for dry eye syndrome.

Dry eye syndrome (DES) occurs when you either don't make enough tears or produce the right quality of tears. For many people, DES just causes a stinging sensation and inflammation. But left untreated, it can damage the eye's surface and impair vision. If you have DES, consider these remedies:

Artificial tears. For mild cases, over-the-counter drops work; they come with preservatives or without. Drops with preservatives have a longer shelf life, but using them often could irritate eyes. If you need to use artificial tears more than



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